

University of  
Hertfordshire **UH**

# FINANCIAL SKILLS

## PROGRAMME 2018/19



# The Programme

## Pre-event - Who can say no to free coffee and cake?

Meet your Financial Skills cohort! This is the perfect opportunity to meet & have a chat over some caffeine & cake! We'll take you through the plan for the next year & chat about why this programme adds so much value to your time at University and beyond.

## Budgeting Workshop (Autumn Term)

When you start University, it takes a few adaptations to ensure that your new lifestyle works. Whether this is your first time away from home with your own sense of financial freedom, or whether you're used to managing your own time & money, it's time to take control of your finances! We'll look at why we budget & we'll reveal what your attitude towards money really is.

## Managing Risk Workshop (Autumn Term)

More than ever before, students are making decisions in hope of improving their financial position, without considering the risks involved. This session will be led by Epic Risk Management, founded by Paul Buck, who developed a gambling addiction during his first week at University.

## Christmas Catch-up (December)

You've almost made it to the end of your first term! Time flies when you're managing your finances. Let's meet to discuss how you're getting on with the programme & how you can enjoy a budget friendly Christmas without stressing about how many days there are until your next student loan.

## Staying Healthy at University (Spring Term)

The stress of deadlines and Semester A exams is setting in! We're keeping this session remote so that you can take a look at the resources in your own time. Did you know that there are three pillars to your overall wellbeing; Physical, Mental & Financial?

## Ready to Rent Workshop (Spring Term)

It's already time to start thinking about your accommodation for next year! This is your chance to ask us your tenancy questions, raise any concerns about your rights and receive expert tips & legal advice about where you're planning to live.

## Looking Ahead – What Next? (Spring Term)

Firstly, let's make sure that your finances are ready & in place for the next academic year. Working over the summer is going to be essential for your financial wellbeing, so let's get to grips with Tax before it becomes scary. Our blend of online learning combined with face-to-face interaction will bring you confidence & control over your income.

## Let's Celebrate! (Summer Term)

Upon completion of the Financial Skills programme, you'll find yourself a more resilient individual, more employable & you'll be financially savvy at the most crucial part of your life. You'll have learnt skills & adapted money management habits which will remain with you beyond University. That calls for some sort of celebration! **#GoHerts**



**GO HERTS**

For further information please visit

[ask.herts.ac.uk/financial-skills-programme](https://ask.herts.ac.uk/financial-skills-programme) | [financial-support@herts.ac.uk](mailto:financial-support@herts.ac.uk)