

Physical Health for People with Learning Disabilities: The role of Primary Care

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The role of Primary Care

To address health inequalities for people with an intellectual disability

- Increased risk premature mortality
- Increased number of co-morbidities
- Barriers to accessing healthcare
- Difficulty accessing health information
- Lower uptake of screening and immunisations
- Increased risk of abuse, neglect and exploitation

What does Primary Care provide?

Care

- Continuity
- Know person/ family/carers
- Holistic approach
- Used to complexity, uncertainty and risk
- Used to looking after people not directly visible to us
- Local knowledge of services and providers
- Access to social prescribing and community initiatives
- Referral to specialist care

Place

- Close to home
- Accessible
- Home visits if needed
- Lead GP for LD
- LD administrator
- Reasonable adjustments
- Accessible information
- LD Register
- Multi-agency working
- Primary Care Networks

Information

- Consultations and documents in one place
- Coding of problems
- Medication
- Lab results and measurements
- Immunisations
- Allergies
- Reasonable adjustments
- Information sharing
- Access to social care records
- Digital flagging

What are the limitations?

Lack of confidence

Minimal GP training on LD

Time Constraints

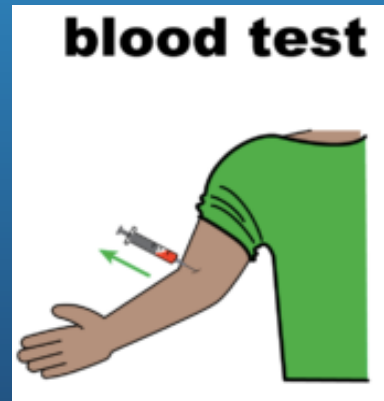
Lack of specialist knowledge

Lack of consistency across practices

Risk of reduced continuity

Annual Health Checks

- Pre-check accessible questionnaire
- Gather and record information about support/care
- Record sensory needs and reasonable adjustments
- Bloods, BP, weight
- Health promotion
- Screening
- Immunisations



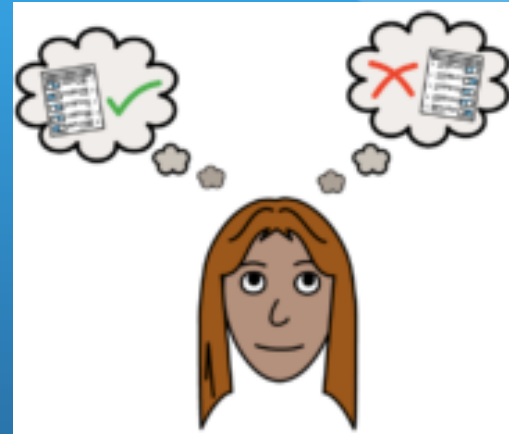
Annual Health Checks

- Systems review and examination
- Chronic disease management
- Medication review
- Syndrome specific checks
- Primary and secondary prevention CVD
- Health Action Plan
- Safeguarding



What is the impact of the Annual Health Check?

- Building relationships
- Finding and managing problems early
- Health promotion
- Improving safety
- Empowerment and joint decision making
- Enhancing lives



Enhanced Health in Care Homes

- Part of NHS Long Term Plan and delivered by Primary Care Networks
- 3 aims:
 - Personalised care
 - Access to the right care and right health service in the right place for the individual
 - Effective use of resources and reduced hospital admissions
- MDT approach - health and social care
- Enhanced Primary Care support

What does the future hold?

- Oliver McGowan mandatory LD & A training
- Improved information sharing
- Joined up care
- Better care during times of transition
- Reduction in health inequalities
- Learning disability physician training

