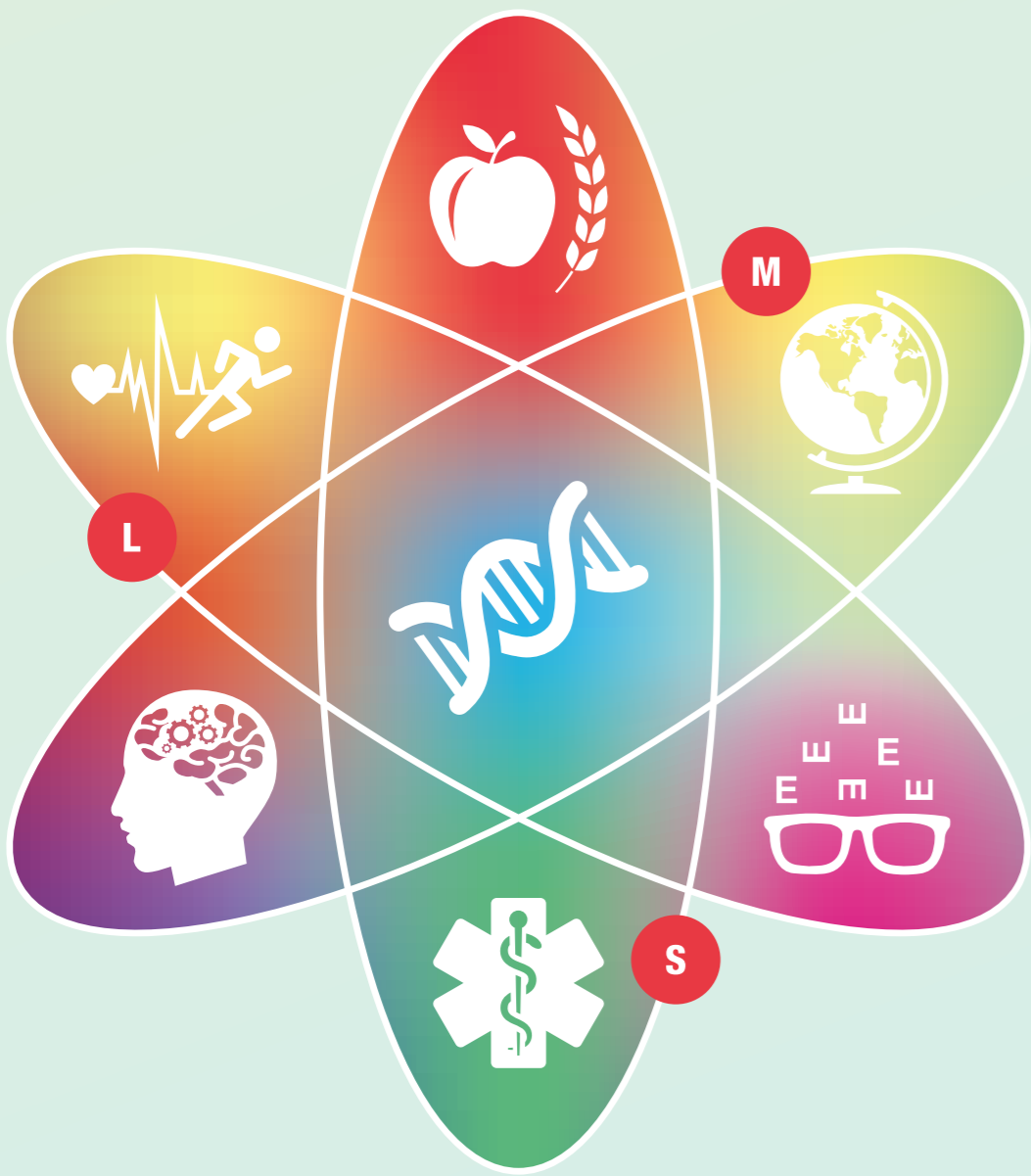


SUPPORTING SUCCESS

DR KAREN IRVINE

Research Fellow, Centre for
Research in Psychology and
Sport Sciences

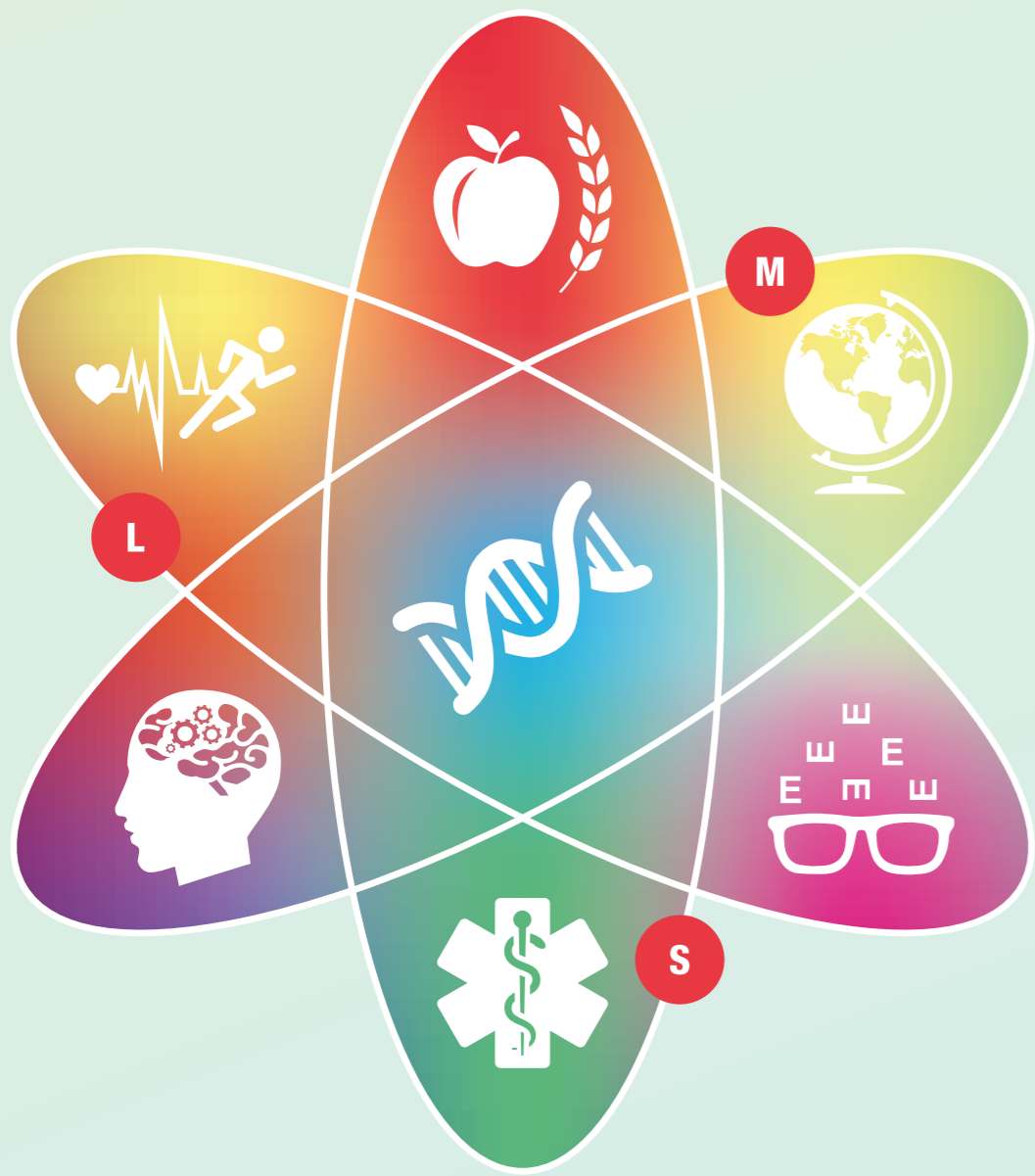


'A large factor in choosing to work at the University was the flexibility. I have two daughters with mental health problems and this means that I have to attend meetings to discuss their care. There are also occasions when one of them has a crisis and I have to drop everything and respond. The ability to work flexibly – staggered hours, working at home, etc. has meant that I can continue with my career. On top of these issues, my mother and father both passed away within 3 weeks of each other in 2018. To be able to deal with everything life throws at me and not add to that stress by worrying about work has been invaluable.'

SUPPORTING SUCCESS

DR MATT TRAYNOR

Head of Department of Clinical
and Pharmaceutical Sciences

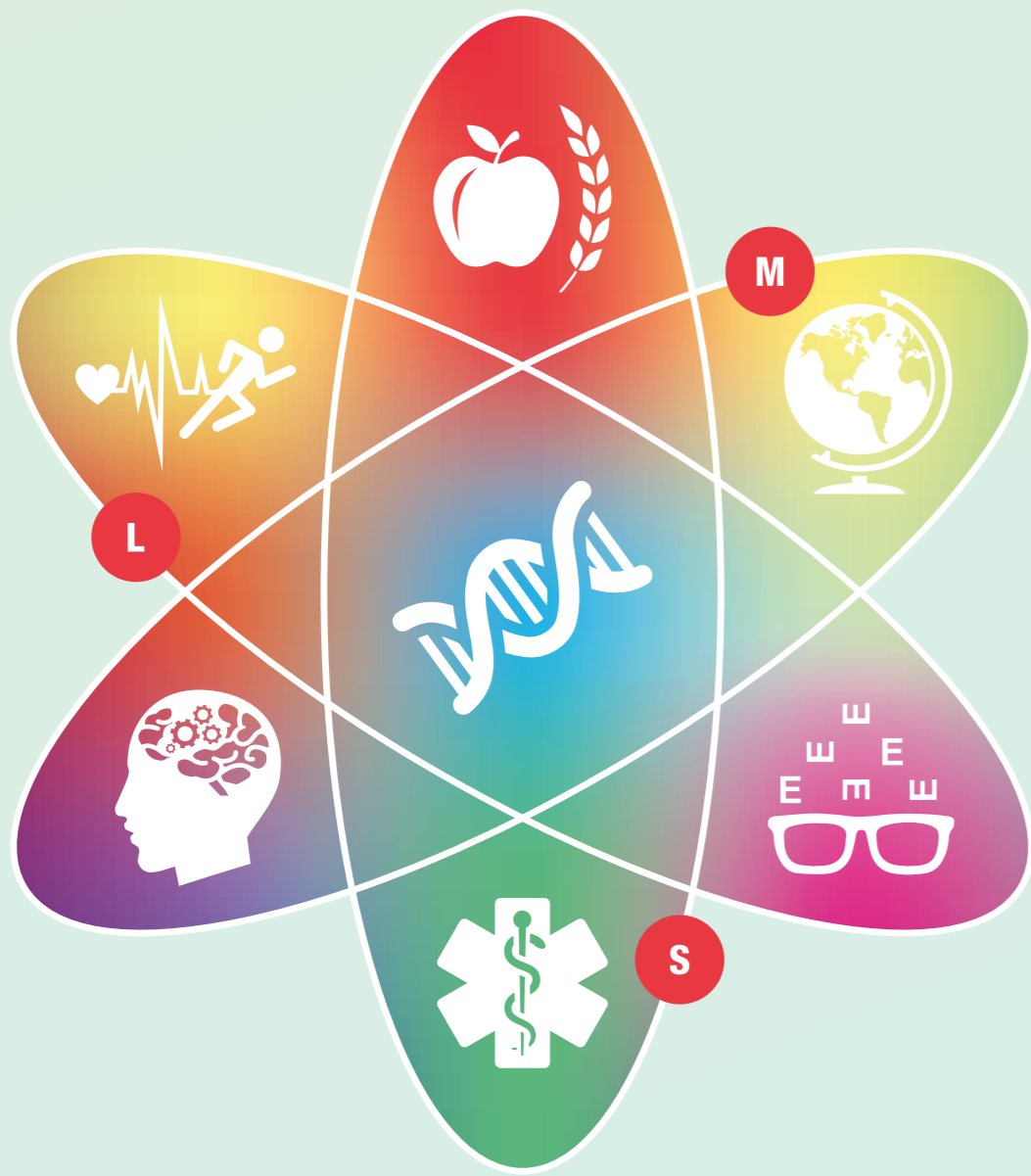


'I have a flexible working agreement with my line manager to allow me to drop my daughter to school on 3 days a week and to pick her up from her after school club twice a week. I have a long commute to get to the school from work and I am extremely grateful that the flexibility afforded to me in my working hours allows me to do a job that I genuinely enjoy and yet still be a parent to my daughter.'

SUPPORTING SUCCESS

DR KATERINA VAFEIADOU

Senior Lecturer in Nutrition,
Department of Biological and
Environmental Sciences



'I can't recommend the University Nursery highly enough! Staff are really friendly and caring and provide us with daily feedback on how our daughter's day went. The nursery manager does a superb job and is very accommodating to parents' needs. She is full of innovative ideas and always open to new suggestions and collaborations with parents who work at the University. The other major plus is its onsite location, which makes everyday life so much easier.'

