

SUPPORTING SUCCESS

DR KAREN

Research Fellow, Centre for Research in Psychology and Sport Sciences

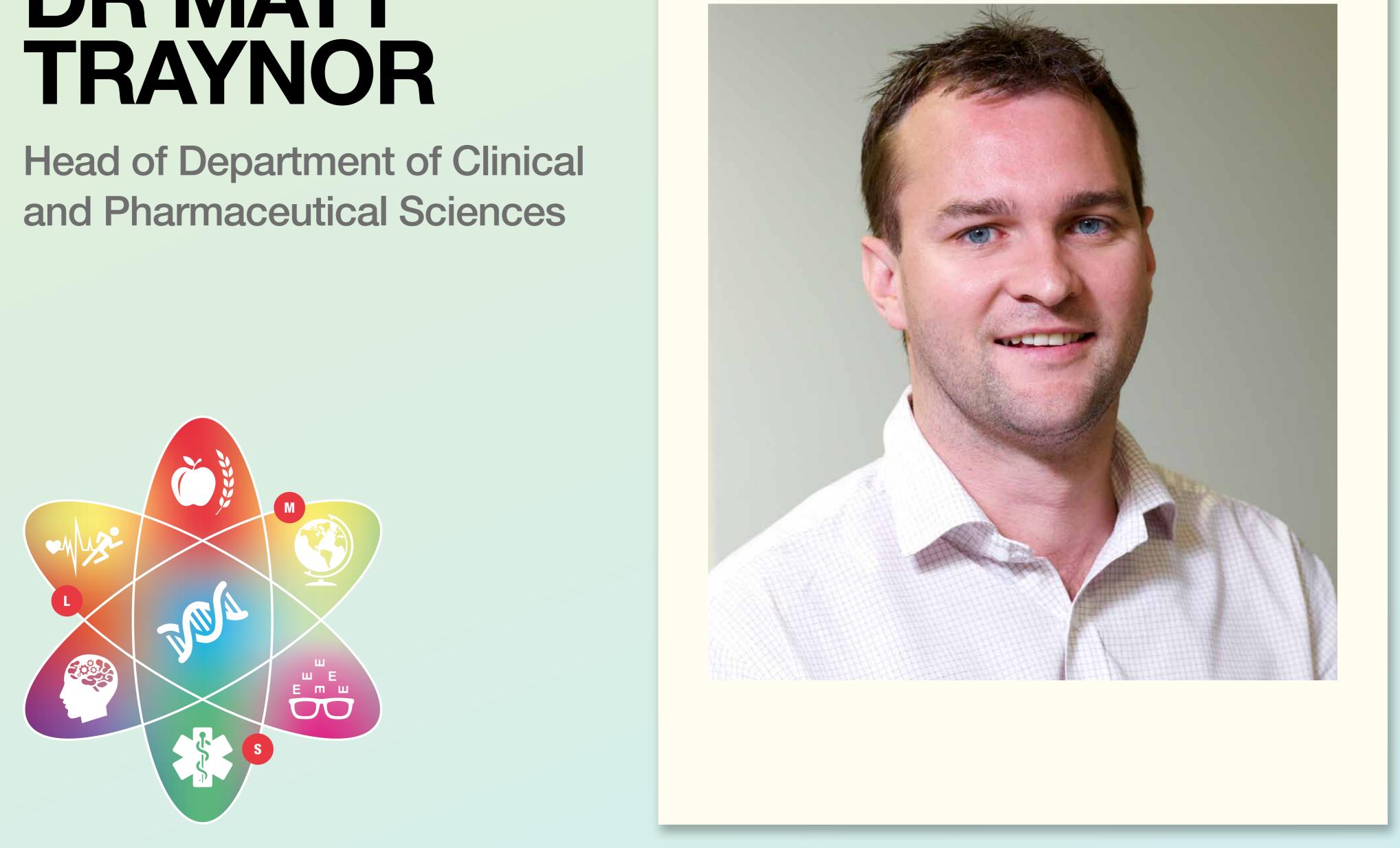


A large factor in choosing to work at the University was the flexibility. I have two daughters with complex health problems and this means that I have to attend meetings to discuss their care. There are also occasions when one of them has a crisis and I have to drop everything and respond. The ability to work flexibly – staggered hours, working at home, etc. has meant that I can continue with my career. On top of these issues, my mother and father both passed away within 3 weeks of each other in 2018. To be able to deal with everything life throws at me and not add to that stress by worrying about work has been invaluable.'



SUPPORTING SUCCESS

DR MATT



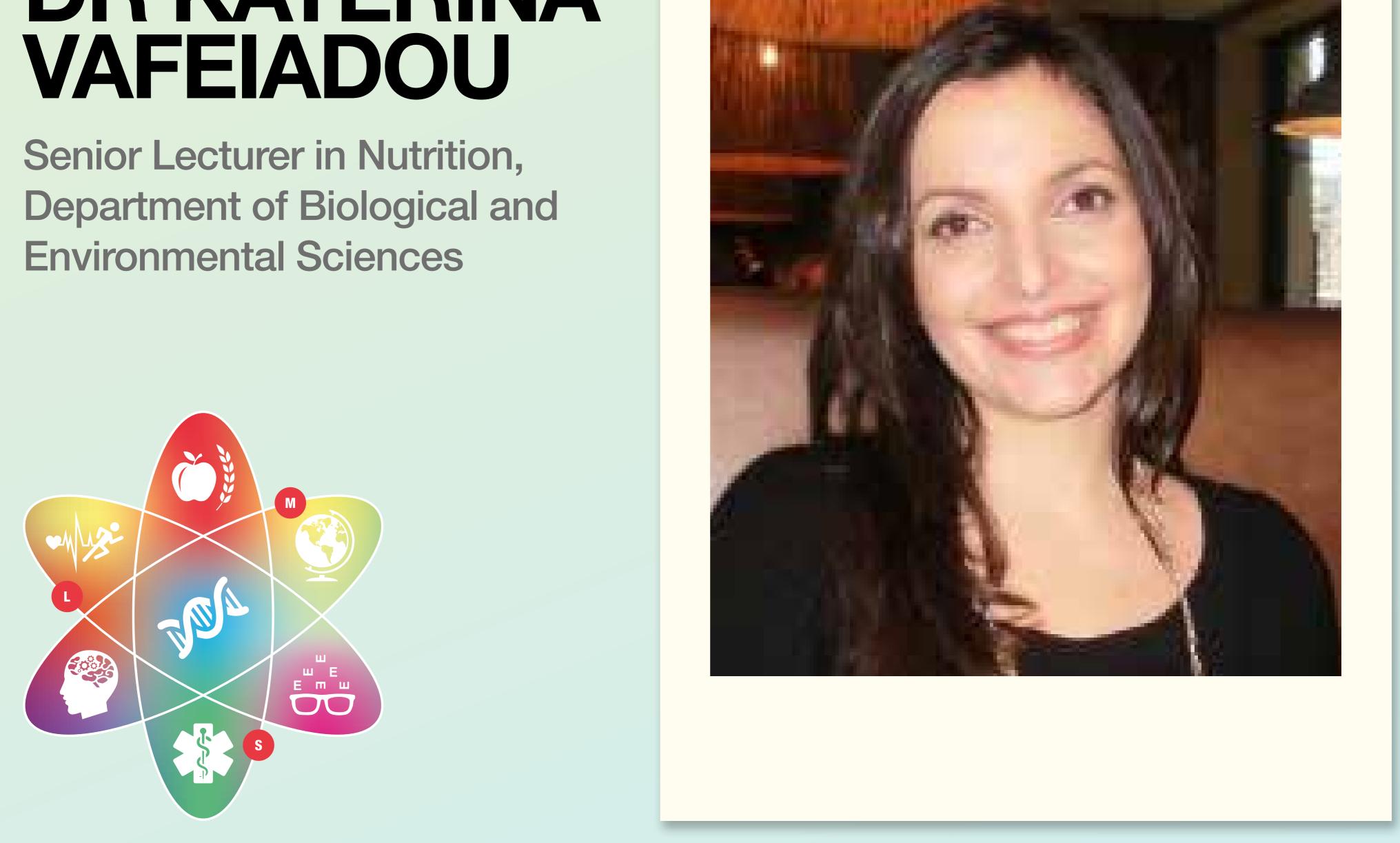
I have a flexible working agreement with my line manager to allow me to drop my daughter to school on 3 days a week and to pick her up from her after school club twice a week. I have a long commute to get to the school from work and I am extremely grateful that the flexibility afforded to me in my working hours allows me to do a job that I genuinely enjoy and yet still be a parent to my daughter.'



SUPPORTING SUCCESS

DR KATERINA

Department of Biological and Environmental Sciences



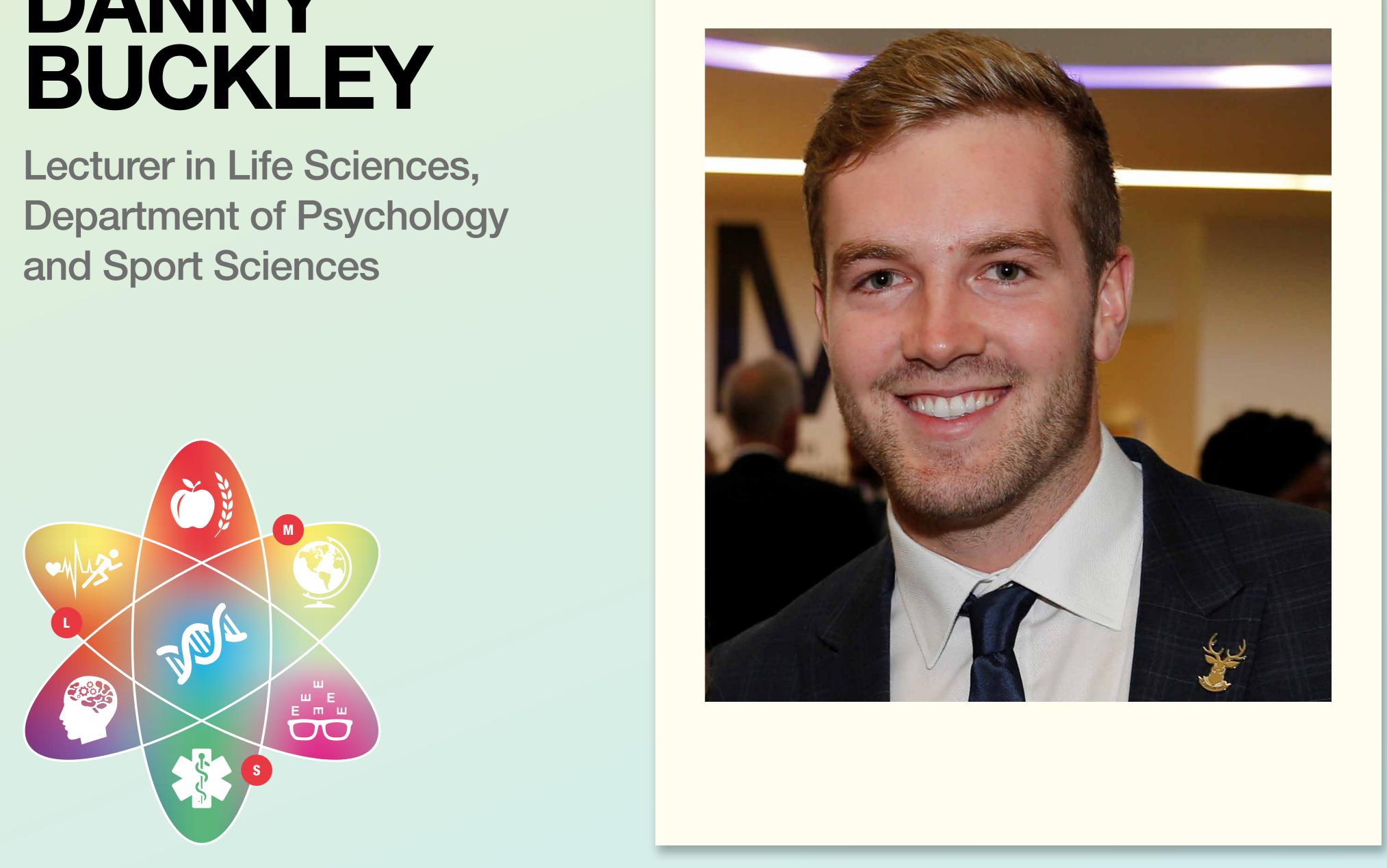
I can't recommend the University Nursery highly enough! Staff are really friendly and caring and provide us with daily feedback on how our daughter's day went. The nursery manager does a superb job and is very accommodating to parents' needs. She is full of innovative ideas and always open to new suggestions and collaborations with parents who work at the University. The other major plus is its onsite location, which makes everyday life so much easier.'



SUPPORTING SUCCESS

DANNY

Lecturer in Life Sciences, **Department of Psychology**



'The support systems for staff could not have been more accommodating to my needs as a new academic and early career researcher. I have been appointed a staff mentor and given the opportunity to enroll onto a course to work towards a PGCert in Higher Education. Having settled into the University, I am now also being supported to register to undertake a PhD alongside my employment. I am very much looking forward to continuing to support students and to develop my own research profile over the coming years.