Hypermobility Masterclass

Who should attend?
This masterclass is intended for health professionals including physiotherapists, occupational therapists, podiatrists, osteopaths, sports therapists and GPs who wish to develop their knowledge and understanding of hypermobility and the Joint Hypermobility Syndrome/Ehlers-Danlos Syndrome – Hypermobility Type.

Aims
The masterclass brings together a range of experienced practitioners and researchers to present recent developments in the recognition, assessment and management of joint hypermobility and the Joint Hypermobility Syndrome/Ehlers-Danlos Syndrome – Hypermobility Type.

Additionally the masterclass and workshops will facilitate the development of clinical reasoning and practical skills to effectively assess and manage children, adolescents, adults and athletic/performing arts populations with hypermobility related health problems.

Content
The masterclass, will include a review of the aetiology and pathogenesis, including recent research developments. Both the articular and extra articular features will be presented and discussed. Also included will be a critical review of the assessment and diagnostic tools, outcome measures and management strategies within a clinical reasoning and evidence based medicine framework. Topical issues such as screening for injury risk, functional rehabilitation/maintenance of health and management of chronic pain, fatigue, Postural Orthostatic Tachycardia Syndrome (POTS) and other associated disorders will be covered.

There will be a mix of lectures, demonstrations and a choice of interactive workshops.

Contributors include:
- Carol Clark PhD MSc MCSP MMACP Lecturer, Practitioner and Researcher Bournemouth University, Medical advisor to the HMSA
- Cathy Barrett M Physt BSc (Hons) MACP MPAA Shoulder Clinical Specialist, Hospital of St John and St Elizabeth, London
- Dr Alan Hakim MB BChir MA FRCP Rheumatologist and Acute Physician, and Hon Senior Lecturer at Whipps Cross Hospital, Barts Health NHS Trust, and Queen Mary, University of London, Chief Medical Officer and Trustee to the Hypermobility Association; Medical advisor to Ehlers-Danlos Support UK
- Dr Helen Cohen MB, BCH, MRCP, PhD Consultant in Chronic Pain Medicine and Rheumatology Royal National Orthopaedic Hospital, Stanmore Hospital, Middlesex
- Dr Nelly Ninis MD MRCP MRCPC MSc MBBS Consultant Paediatrician St Mary’s NHS Hospital, Paddington, London and Hypermobility Unit, Hospital of St John and St Elizabeth, London
- Jane Simmonds PD MA MMCSP MACP FHEA Principal Lecturer and Researcher University of Hertfordshire. Clinical Specialist Hypermobility Unit, Hospital of St John and St Elizabeth, London Medical advisor to the HMSA and EDS Support UK

Date and location
Saturday 15 June 2013, 09.00 am – 5.00pm (registration begins at 8.30am)
The Hypermobility Masterclass will take place at the University of Hertfordshire, deHavilland Campus, in Hatfield.

Cost:
£150.00 including refreshments, lunch and delegate pack

General enquiries
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Booking enquiries
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