





August 2018

We can do no great things, only small things with great love.
Mother Teresa



Diversity Perspectives

Declaration of Human Rights 1948

In 2018 we celebrate 70 years of the Universal Declaration of Human Rights adopted by the United Nations. The Declaration unequivocally proclaims the inherent rights of all human beings. The 30 Articles within the Declaration are the basic human rights of all.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 31			1	2	3	4 ^o	5
Week 32	6	7	8	9	10	11 [●]	12
Week 33	13	14	15	16	17	18 ^o	19
Week 34	20	21	22	23	24	25	26 ^o
Week 35	27	28	29	30	31		

August is Health & Safety Month | Psoriasis Awareness Month |
Black Business Month | Children's Eye Health & Safety Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st **Lammas** – Christian
Fast in honour of Holy Mother of Lord Jesus – Orthodox Christian
Lughnassadh – Imbolc – Wicca/Pagan Northern and Southern hemispheres
- 6th **Transfiguration of the Lord** – Orthodox Christian
Transfiguration Sunday – Christian
Summer Bank Holiday – Scotland and ROI
- 9th **International Day of the World's Indigenous Peoples**
- 12th **International Youth Day**
- 15th **Assumption of Blessed Virgin Mary** – Catholic Christian
Dormition of the Theotokos – Orthodox Christian
- 19th **World Humanitarian Day**
- 20th **Waqf al Arafa** – Islam
- 22nd **Queenship of Mary** – Catholic Christian
Eid al Adha – Islam
- 26th **Raksha Bandhan** – Hindu
- 27th **Summer Bank Holiday** – England, Wales and Northern Ireland
- 29th **Beheading of Saint John the Baptist** – Christian

All Jewish holidays begin at sundown on the evening before.



September 2018

The question isn't who's going to let me; it's who is going to stop me.

Ayn Rand



Diversity Perspectives

Basic Human Rights Articles

1

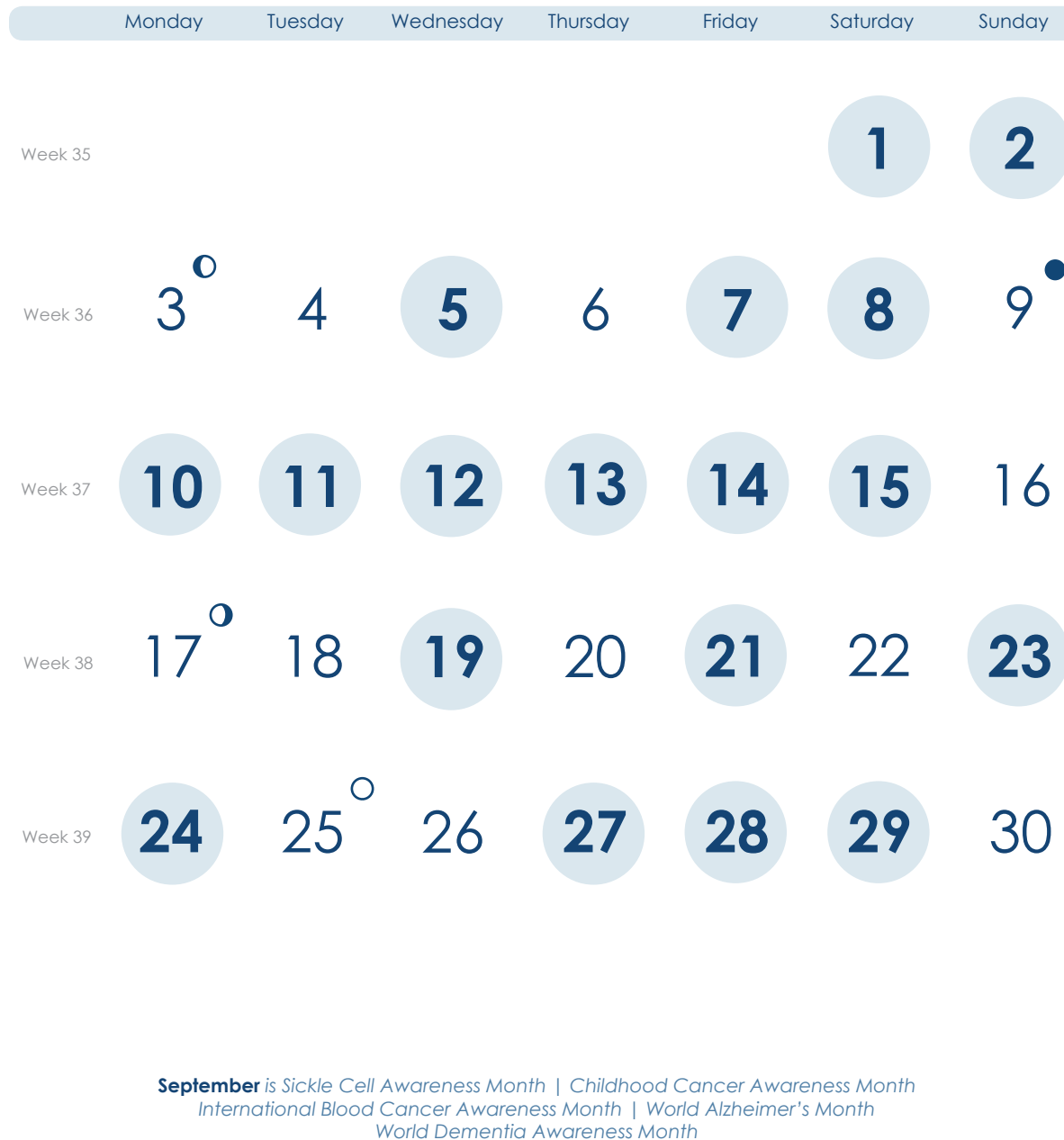
Right to Equality

2

Freedom from Discrimination

3

Right to Life, Liberty, Personal Security



○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st Religious year begins – Orthodox Christian
- 2nd Krishna Janmashtami – Hindu
- 5th International Day of Charity
- 7th Paryushana-Parva – Jain
- 8th Nativity of Virgin Mary – Christian
International Literacy Day
- 10th World Suicide Prevention Day
Rosh Hashanah – Judaism
- 11th Ethiopian New Year – Rastafari
- 12th Al-Hijra/Muharram – New Year – Islam
- 13th Ganesh Chaturthi – Hindu
- 14th The Triumph of the Cross – Christian
Elevation of the Holy Cross – Orthodox Christian
- 15th International Day of Democracy
- 19th Yom Kippur – Judaism
- 21st International Day of Peace
World Alzheimer's Day
Ashura – Islam
- 23rd Bi Visibility Day
Autumn Equinox
Mabon – Ostara – Wicca/Pagan
Northern and Southern hemispheres
Anant Chaturdashi – Jain
- 24th Sukkot – Judaism
- 27th Meskel – Ethiopian Orthodox Christian
- 28th International Right to Know Day
- 29th Michaelmas – Saint Michael and All Angels – Christian
World Heart Day

All Jewish holidays begin at sundown on the evening before.



October

2018

We must believe that we are gifted for something, and that this thing, at whatever cost, must be attained.
Marie Curie



Diversity Perspectives

Basic Human Rights Articles

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Freedom from Slavery

5

Freedom from Torture and Degrading Treatment

6

Right to Recognition as a Person before the Law

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 40	1	2 [○]	3	4	5	6	7
Week 41	8	9 [●]	10	11	12	13	14
Week 42	15	16 [○]	17	18	19	20	21
Week 43	22	23	24 [○]	25	26	27	28
Week 44	29	30	31 [○]				

October is Breast Cancer Awareness Month | Down Syndrome Awareness Month | Black History Month (UK) | Lupus Awareness Month | Global Diversity Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st International Day of Older Persons
Shemini Atzeret – Judaism
- 2nd International Day of Non-Violence
Feast of the Guardian Angels – Christian
Simchat Torah – Judaism
- 4th Saint Francis Day – Christian
Blessing of the Animals – Christian
- 9th Birthday of Guru Ram Das – Sikh
Navaratri begins – Hindu
- 10th World Mental Health Day
- 11th International Day of the Girl Child
- 12th World Sight Day
- 15th International Day of Rural Women
- 16th World Food Day
- 17th International Day for the Eradication of Poverty
- 18th Saint Luke, Apostle & Evangelist – Christian
- 19th Dussehra - Dasara – Hindu
- 24th United Nations Day
- 28th British Summer Time ends
- 29th World Stroke Day
Bank Holiday – ROI
- 31st All Hallows' Eve – Christian
Samhain (Halloween) – Beltane – Wicca/Pagan Northern and Southern hemispheres
Reformation Day – Protestant Christian

All Jewish holidays begin at sundown on the evening before.



November 2018

Success is getting what you want, happiness is wanting what you get.
Ingrid Bergman



Diversity Perspectives

Basic Human Rights Articles

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Right to Equality before the Law

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Right to Remedy by Competent Tribunal

9

Freedom from Arbitrary Arrest and Exile

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 44				1	2	3	4
Week 45	5	6	7	8	9	10	11
Week 46	12	13	14	15	16	17	18
Week 47	19	20	21	22	23	24	25
Week 48	26	27	28	29	30		

November is Lung Cancer Awareness Month | Pancreatic Cancer Awareness Month
Mouth Cancer Action Month | COPD Awareness Month
November Men's Health Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st All Saints' Day – Christian
- 2nd All Souls' Day – Christian
- Coronation of Emperor Haile Selassie I – Rastafari
- 5th Guy Fawkes Night
- 7th Diwali – Deepavali – Hindu, Sikh, Jain
- Bandi Chhor Divas – Sikh
- 8th Saal Mubarak – Hindu
- 9th Dedication of the Lateran Basilica – Catholic Christian
- Birth of the Báb – Baha'i
- 10th Birth of Baha'u'llah – Baha'i
- 11th Armistice Day – Interfaith
- Remembrance Sunday
- 13th World Kindness Day
- 14th World Diabetes Day
- 15th Nativity Fast begins – Orthodox Christian
- 17th International Students' Day
- 19th International Men's Day
- 20th Universal Children's Day
- Transgender Day of Remembrance
- Mawlid al-Nabi – Islam
- 21st Presentation of the Theotokos – Orthodox Christian
- 22nd Thanksgiving – Interfaith USA
- 23rd Birthday of Guru Nanak Dev – Sikh
- 24th Martyrdom of Guru Tegh Bahadur – Sikh
- 25th International Day for the Elimination of Violence against Women
- Feast of Christ the King – Christian
- 26th Day of the Covenant – Baha'i
- 28th Ascension of Abdul'l-Baha – Baha'i
- 30th Saint Andrew's Day – Christian
- Bank Holiday – Scotland

All Jewish holidays begin at sundown on the evening before.



December 2018

The most effective way to do it, is to do it.
Amelia Earhart



Diversity Perspectives

Basic Human Rights Articles

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Right to Fair Public Hearing

11

Right to be Considered Innocent until Proven Guilty

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 48						1	2
Week 49	3	4	5	6	7 [●]	8	9
Week 50	10	11	12	13	14	15 [○]	16
Week 51	17	18	19	20	21	22 [○]	23
Week 52	24	25	26	27	28	29 [○]	30
Week 1	31						

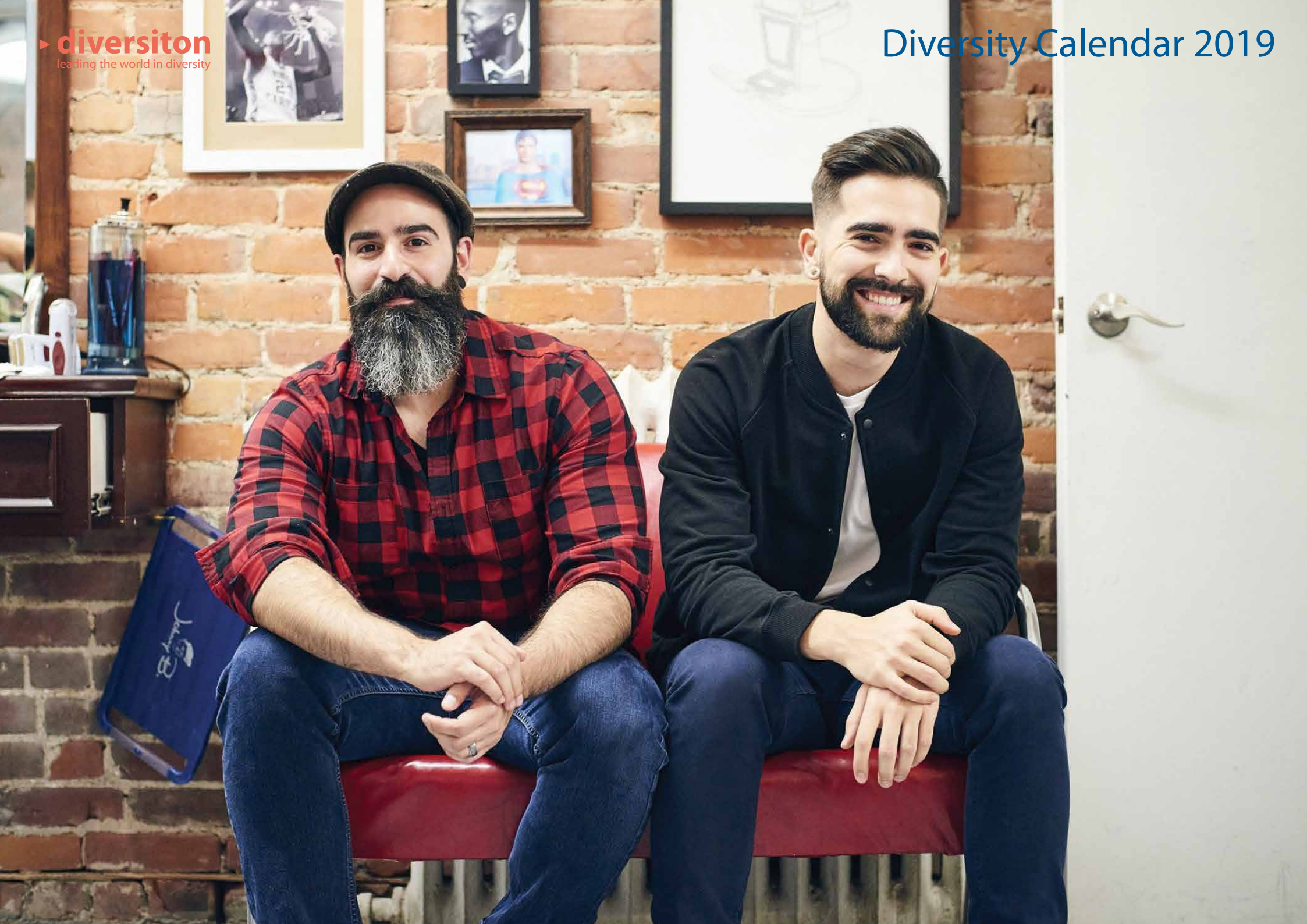
December is Universal Month for Human Rights | Spiritual Literacy Month | Decembeard

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st World AIDS Day
- 2nd International Day for the Abolition of Slavery
Advent Sunday – Christian
- 3rd International Day of Persons with Disabilities
Chanukah – Judaism
- 6th Saint Nicholas' Day – Christian
- 8th Feast of the Immaculate Conception – Christian
Rohatsu (Bodhi Day) – Buddhist
- 9th International Anti-Corruption Day
- 10th Human Rights Day
- 12th Feast Day of Our Lady of Guadalupe – Catholic Christian
- 18th International Migrants Day
- 20th International Human Solidarity Day
- 21st Winter Solstice
Yule – Litha – Wicca/Pagan Northern and Southern hemispheres
Yule – Christian
- 24th Christmas Eve – Christian
- 25th Christmas Day – Christian
Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI
Feast of the Nativity – Orthodox Christian
- 26th Saint Stephen's Day – Christian
Boxing Day
Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI
Zarathosht Diso (Death of Prophet Zarathushtra) – Zoroastrian
- 28th Holy Innocents – Christian
- 30th Feast of the Holy Family – Catholic Christian
- 31st New Year's Eve/Hogmanay
Watch Night – Christian

All Jewish holidays begin at sundown on the evening before.



January 2019

Whatever you do, be different – that was the advice my mother gave me, and I can't think of better advice for an entrepreneur. If you're different, you will stand out.

Anita Roddick



Basic Human Rights Articles

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Freedom from Interference with Privacy, Family, Home and Correspondence

13

Right to Free Movement in and out of the Country

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1		1	2	3	4	5	6
Week 2	7	8	9	10	11	12	13
Week 3	14	15	16	17	18	19	20
Week 4	21	22	23	24	25	26	27
Week 5	28	29	30	31			

January is Cervical Health Awareness Month | Alcohol Concern Dry January

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st New Year's Day
Gantan-sai (New Year) – Shinto
- 4th World Braille Day
- 5th Twelfth Night – Christian
Birthday of Guru Gobind Singh – Sikh
- 6th Epiphany – Christian
- 7th Feast of the Nativity – Orthodox Christian
- 13th Baptism of the Lord Jesus – Christian
Saint Hilary's Day – Christian
- 14th New Year – Orthodox Christian
Seijin no hi (Coming of Age Day) – Shinto
- 15th Makar Sankranti – Hindu
Maghi – Sikh
- 18th 18–25 Week of Prayer for Christian Unity – Christian
- 19th Timkat – Ethiopian Orthodox Christian
Feast of the Theophany – Orthodox Christian
- 20th World Religion Day – Baha'i
- 21st Martin Luther King Jr Day
21–23 Mahayana New Year – Buddhist
Saint Agnes' Day – Christian
Tu B'Shvat – Jewish
- 25th Robert Burns Night (Burns Night)
Conversion of Saint Paul – Christian
- 26th Australia Day
- 27th Holocaust Memorial Day

All Jewish holidays begin at sundown on the evening before.



February

2019

You are more powerful than you know; you are beautiful just as you are.

Melissa Etheridge



Basic Human Rights Articles

14

Right to Asylum in other Countries from Persecution

15

Right to a Nationality and the Freedom to Change it



○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st **Imbolc** – Wicca/Pagan
- 2nd **Candlemas (Presentation of Christ in the Temple)** – Christian
- 3rd **Saint Blaise's Day** – Christian
Setsubun-sai – Shinto
- 4th **World Cancer Day**
- 5th **Chinese New Year** – Confucian, Daoist, Buddhist
- 10th **Vasant Panchami** – Hindu
Zacchaeus Sunday – Orthodox Christian
- 11th **Our Lady of Lourdes** – Christian
- 14th **Saint Valentine's Day**
- 15th **Nirvana Day** – Buddhist, Jain
International Childhood Cancer Day
- 17th **Triodion begins** – Orthodox Christian
World Human Spirit Day
- 20th **World Day of Social Justice**
- 26th **Intercalary Days (start)** – Baha'i

All Jewish holidays begin at sundown on the evening before.



March 2019

The challenge is not to be perfect...it's to be whole.

Jane Fonda



Diversity Perspectives

Basic Human Rights Articles

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Right to Marriage and Family

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Right to Own Property

18

Freedom of Belief and Religion



March is Women's History Month | Prostate Cancer Awareness Month
Ovarian Cancer Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st Saint David's Day – Christian
- Intercalary Days (end) – Baha'i
- UN Zero Discrimination Day
- Self Injury Awareness Day
- 3rd Meatfare Sunday – Orthodox Christian
- 4th Maha Shivaratri – Hindu
- 5th Shrove Tuesday – Christian
- 6th Ash Wednesday – Christian
- 8th International Women's Day
- 10th Cheesefare Sunday – Orthodox Christian
- 11th Great Lent begins – Clean Monday – Orthodox Christian
- 17th Saint Patrick's Day – Christian
- 19th Saint Joseph's Day – Christian
- 20th Spring Equinox
- Ostara – Wicca/Pagan
- 21st Naw-Rúz (New Year) – Baha'i
- Holi – Hindu
- Purim – Jewish
- Magha Puja (Sangha Day) – Buddhist
- Lord's Evening Meal – Jehovah's Witness Christian
- Hola Mohalla – Sikh
- World Down's Syndrome Day
- International Day for the Elimination of Racial Discrimination
- 22nd World Water Day
- 24th World TB Day
- 25th Annunciation to the Theotokos – Orthodox Christian
- 28th Khordad Sal (Birth of Prophet Zarathushtra) – Zoroastrian
- 31st Mothering Sunday
- British Summer Time begins
- Transgender Day of Visibility

All Jewish holidays begin at sundown on the evening before.



April 2019

When we do the best we can, we never know what miracle is wrought in our life, or in the life of another.

Helen Keller



Diversity Perspectives

Basic Human Rights Articles

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Freedom of Opinion and Information

20

Right of Peaceful Assembly and Association

21

Right to Participate in Government and in Free Elections

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 14	1	2	3	4	5 [●]	6	7
Week 15	8	9	10	11	12 [○]	13	14
Week 16	15	16	17	18	19 [○]	20	21
Week 17	22	23	24	25	26 [○]	27	28
Week 18	29	30					

April is Stress Awareness Month | Bowel Cancer Awareness Month
Parkinson's Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st April Fool's Day
- 2nd World Autism Awareness Day
- 3rd Lailat al Miraj – Islam
- 7th World Health Day
- 8th International Romani Day
- 14th Birth of the Khalsa (Vaisakhi) – Sikh
- Rama Navami – Hindu
- Palm Sunday – Christian
- 17th Mahavir Jayanti – Jain
- 18th Birthday of Guru Tegh Bahadur – Sikh
- Birthday of Guru Angad Dev – Sikh
- Maundy Thursday – Christian
- 19th Good Friday – Christian
- Theravada New Year – Buddhist
- Hanuman Jayanti – Hindu
- 20th Holy Saturday – Christian
- Pesach (Passover) – Jewish
- Lailat al Bara'ah – Islam
- Lazarus Saturday – Orthodox Christian
- 21st First Day of Ridvan – Baha'i
- Easter Sunday – Christian
- Palm Sunday – Orthodox Christian
- 22nd Easter Monday – Christian
- Earth Day
- 23rd Saint George's Day – Christian
- 25th World Malaria Day
- 26th Holy Friday – Orthodox Christian
- 28th World Day for Health & Safety at Work
- Pascha (Easter) – Orthodox Christian
- 29th Ninth Day of Ridvan – Baha'i
- 30th Saint James the Great's Day – Orthodox Christian

All Jewish holidays begin at sundown on the evening before.



May 2019

If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough.
Oprah Winfrey



Diversity Perspectives

Basic Human Rights Articles

22

Right to Social Security

23

Right to Desirable Work and to Join Trade Unions

24

Right to Rest and Leisure

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 18			1	2	3	4 [●]	5
Week 19	6	7	8	9	10	11	12 [○]
Week 20	13	14	15	16	17	18 [○]	19
Week 21	20	21	22	23	24	25	26 [○]
Week 22	27	28	29	30	31		

May is Action on Stroke Month | Scottish Mental Health Arts Festival
UK National Walking Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st Beltane – Wicca/Pagan
- 2nd Twelfth Day of Ridvan – Baha'i
- Yom HaShoah (Holocaust Remembrance Day) – Jewish
- Birthday of Guru Arjan Dev – Sikh
- 6th Ramadan begins – Islam
- 7th Akshaya Tritiya – Hindu, Jain
- 8th Yom HaZikaron (Israeli Memorial Day) – Jewish
- World Red Cross Red Crescent Day
- 13th Our Lady of Fatima – Christian
- Mental Health Awareness Week
- 15th International Day of Families
- 17th International Day Against Homophobia, Transphobia and Biphobia
- 19th Vesak – Buddha Day – Buddhist
- 21st World Day for Cultural Diversity for Dialogue and Development
- 22nd International Day for Biological Diversity
- 23rd Birthday of Guru Amar Das – Sikh
- Lag B'Omer – Jewish
- 24th Declaration of the Báb – Baha'i
- 29th Ascension of Baha'u'llah – Baha'i
- International Day of United Nations Peacekeepers
- 30th Ascension of Jesus – Christian
- 31st Lailat al-Qadr – Islam
- Quds Day – Islam
- World No Tobacco Day

All Jewish holidays begin at sundown on the evening before.



June 2019

It takes a great deal of courage to stand up to your enemies, but even more to stand up to your friends.

J. K. Rowling



Diversity Perspectives

Basic Human Rights Articles

25

Right to Adequate Living Standard

26

Right to Education

27

Right to Participate in the Cultural Life of Community

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 22						1	2
Week 23	3	4	5	6	7	8	9
Week 24	10	11	12	13	14	15	16
Week 25	17	18	19	20	21	22	23
Week 26	24	25	26	27	28	29	30

June is Refugee Festival Scotland | Motor Neurone Disease Awareness Month
Stillbirth & Neonatal Death Awareness Month | National Hospice Month
Men's Health Awareness Month | Gypsy, Roma and Traveller History Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st Volunteers' Week (UK)
- 2nd Yom Yerushalayim (Jerusalem Day) – Jewish
- 4th International Day of Innocent Children Victims of Aggression
- 5th Eid al Fitr – Islam
- World Environment Day
- 6th Ascension of the Lord – Orthodox Christian
- 9th Pentecost – Christian
Shavuot – Jewish
- 12th World Day against Child Labour
- 14th World Blood Donor Day
- 15th World Elder Abuse Awareness Day
- 16th Martyrdom of Guru Arjan Dev – Sikh
Trinity Sunday – Christian
Pentecost – Orthodox Christian
Father's Day
- 17th World Day to Combat Desertification and Drought
- 20th World Refugee Day
Corpus Christi – Christian
- 21st Summer Solstice
Litha – Wicca/Pagan
World Humanist Day
- 23rd International Women in Engineering Day
- 24th Nativity of Saint John the Baptist – Christian
- 28th Sacred Heart of Jesus – Christian
- 29th Feast of Saints Peter and Paul – Christian

All Jewish holidays begin at sundown on the evening before.



July 2019

Don't look at your feet to see if you are doing it right. Just dance.

Anne Lamott



Diversity Perspectives

Basic Human Rights Articles

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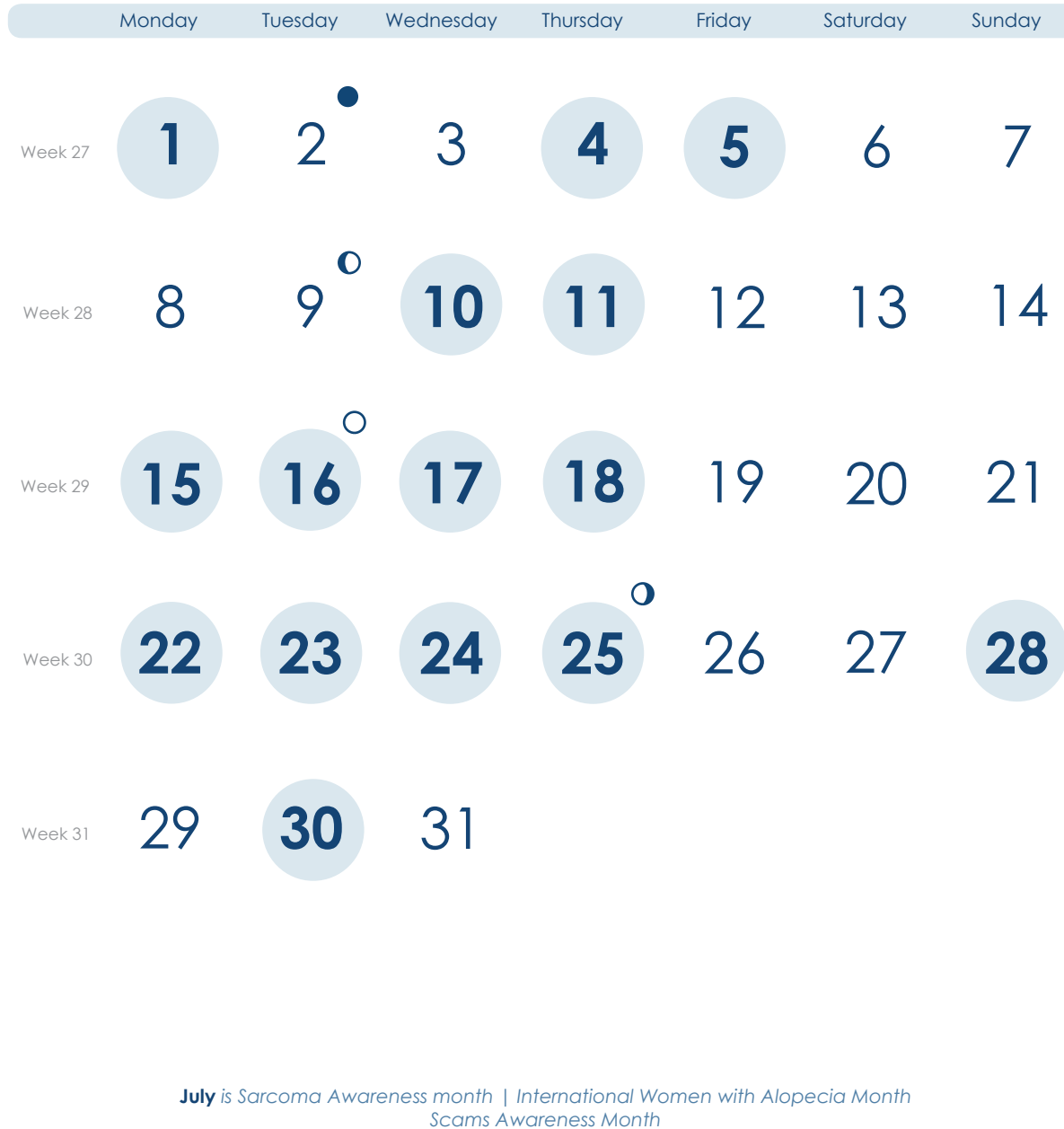
Right to a Social Order that Articulates this Document

29

Community Duties Essential to Free and Full Development

30

Freedom from State or Personal Interference in the above Rights



 Last Quarter  New Moon  First Quarter  Full Moon

Special Days

- 1st Canada Day
- 4th US Independence Day
- 5th Birthday of Guru Hargobind – Sikh
- 10th Martyrdom of the Báb – Baha'i
- 11th Saint Benedict's Day – Christian
- World Population Day
- 15th Saint Vladimir the Great's Day – Orthodox Christian
- 16th Asalha Puja (Dharma Day) – Buddhist
- 17th World Day for International Justice
- 18th Nelson Mandela International Day
- 22nd Feast Day of Saint Mary Magdalene – Christian
- 23rd Birthday of Guru Har Krishan – Sikh
- Birthday of Emperor Haile Selassie – Rastafari
- 24th Pioneer Day – Mormon Christian
- 25th Saint James the Great's Day – Christian
- 28th World Hepatitis Day
- 30th International Day of Friendship

All Jewish holidays begin at sundown on the evening before.

Diversiton Training Workshops and Courses – 2018/19

Our UK and Ireland network of trainers (based in **Clonmel, Sheffield, London, Birmingham, Belfast, Edinburgh and Warrenpoint**) deliver a range of programmes for Private and Public sector clients. Here is a summary of our main Courses. All Workshops are tailored to individual needs. Please contact us for further information on any course.



Enterprise and Income

Income Generation for Communities.
License your Training Courses.
Business Development Strategies for Small Businesses.
CYSS (Craft Your Signature Speech) Presentation Skills Masterclass.
Write and Publish your Book on Amazon.
Silo-Busting and Self Generated Income for Local Authorities



Community Empowerment

Income Generation & Sustainability for Communities.
Community Clubs & WorkCentres for all.
Work It Out!
Tackling Local Poverty and Under-Employment.
Collaborative Working Strategies.



Personal Development

CYSS (Craft Your Signature Speech) Presentation Skills Masterclass.
Career and Life Planning.
Coaching and Mentoring Skills.
Retirement Programmes.
Write and publish your books on Amazon.
CV Expert.



Peace Building

Peace Building Skills.
PeaceBuilder Initiative for Schools.
'New Space' Reconciliation Approaches.
Spiritual Peacebuilding for all.
Faith and Community PeaceBuilding



Equality and Diversity

Diversity and Inclusion Strategies for today's Workplace.
Respect at Work.
Religion and Belief within our Organisation.
Do we need a Prayer Room a Quiet Space?
Older Workers – Retirement strategies that work for everyone!
Meeting and Working with People from Different Traditions.



Spirituality

Spiritual Inclusion.
Spiritual Exercises for Everyone.
Spirituality at Work.
Inner Learning.
Spiritual Coaching.

Further Information on our Courses and Workshops

If you think we can help or support you in any way please call or drop us an email.
We look forward to hearing from you at any time.
Please email Sharon@diversiton.com or call (+44) 02841 754 777

Diversity Partners 2018



Parques de Sintra – Portugal

International Diversity Award 2018



www.diversitychampion.org

