### Special Days

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>Lammas – Christian Fast in honour of Holy Mother of Lord Jesus – Orthodox Christian</td>
</tr>
<tr>
<td>6th</td>
<td>Transfiguration of the Lord – Orthodox Christian</td>
</tr>
<tr>
<td>12th</td>
<td>International Youth Day</td>
</tr>
<tr>
<td>15th</td>
<td>Assumption of Blessed Virgin Mary – Catholic Christian</td>
</tr>
<tr>
<td>19th</td>
<td>World Humanitarian Day</td>
</tr>
<tr>
<td>20th</td>
<td>Eid al Adha – Islam</td>
</tr>
<tr>
<td>22nd</td>
<td>Queenship of Mary – Catholic Christian</td>
</tr>
<tr>
<td>26th</td>
<td>Raksha Bandhan – Hindu</td>
</tr>
<tr>
<td>27th</td>
<td>Summer Bank Holiday – England, Wales and Northern Ireland</td>
</tr>
<tr>
<td>29th</td>
<td>Beheading of Saint John the Baptist – Christian</td>
</tr>
</tbody>
</table>

Diversity Perspectives

We must be willing to let go of the life we have planned so as to have the life that is waiting for us. 

Joseph Campbell

Question Time

Have you clear objectives and a plan to promote inclusion and respect in 2016? 

We can do no great things, only small things with great love. 

Mother Teresa

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**Declaration of Human Rights 1948**

In 2018 we celebrate 70 years of the Universal Declaration of Human Rights adopted by the United Nations. The Declaration unequivocally proclaims the inherent rights of all human beings. The 30 Articles within the Declaration are the basic human rights of all.

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**August 2018**

We can do no great things, only small things with great love. 

Mother Teresa

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**August** is Health & Safety Month | Psoriasis Awareness Month | Black Business Month | Children’s Eye Health & Safety Month

- Last Quarter
- New Moon
- First Quarter
- Full Moon

All Jewish holidays begin at sundown on the evening before.
September
2018

The question isn’t who’s going to let me; it’s who is going to stop me.
Ayn Rand

Week 35

Week 36

Week 37

Week 38

Week 39

Special Days

1st  Religious year begins – Orthodox Christian
2nd  Krishna Janmashtami – Hindu
5th  International Day of Charity
7th  Paryushana-Parva – Jain
8th  Nativity of Virgin Mary – Christian
International Literacy Day
10th  World Suicide Prevention Day
Rosh Hashanah – Judaism
11th  Ethiopian New Year – Rastafari
12th  Al-Hijra/Muharram – New Year – Islam
13th  Ganesh Chaturthi – Hindu
14th  The Triumph of the Cross – Christian
Elevation of the Holy Cross – Orthodox Christian
15th  International Day of Democracy
19th  Yom Kippur – Judaism
21st  International Day of Peace
World Alzheimer’s Day
Ashura – Islam
23rd  Bi Visibility Day
Autumn Equinox
Mabon – Ostara - Wicca/Pagan
Northern and Southern hemispheres
Anant Chaturdashi – Jain
24th  Sukkot – Judaism
27th  Meskel – Ethiopian Orthodox Christian
28th  International Right to Know Day
29th  Michaelmas – Saint Michael and All Angels – Christian
World Heart Day

September is Sickle Cell Awareness Month | Childhood Cancer Awareness Month
International Blood Cancer Awareness Month | World Alzheimer’s Month
World Dementia Awareness Month

Diversity Perspectives
Basic Human Rights Articles
1 Right to Equality
2 Freedom from Discrimination
3 Right to Life, Liberty, Personal Security

University of Hertfordshire UH
We must believe that we are gifted for something, and that this thing, at whatever cost, must be attained.

Marie Curie
### November 2018

**Success is getting what you want. Happiness is wanting what you get.**

_Ingrid Bergman_

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#### Special Days

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Religion/Tradition</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>All Saints’ Day</td>
<td>Christian</td>
</tr>
<tr>
<td>2nd</td>
<td>All Souls’ Day</td>
<td>Christian</td>
</tr>
<tr>
<td></td>
<td>Coronation of Emperor Haile</td>
<td>Rastafari</td>
</tr>
<tr>
<td>5th</td>
<td>Guy Fawkes Night</td>
<td></td>
</tr>
<tr>
<td>7th</td>
<td>Diwali – Deepavali</td>
<td>Hindu, Sikh, Jain</td>
</tr>
<tr>
<td></td>
<td>Bandi Chhor Divas</td>
<td>Sikh</td>
</tr>
<tr>
<td>8th</td>
<td>Saal Mubarak – Hindu</td>
<td></td>
</tr>
<tr>
<td>9th</td>
<td>Dedication of the Lateran Basilica</td>
<td>Catholic Christian</td>
</tr>
<tr>
<td></td>
<td>Birth of the Báb – Baha’i</td>
<td>Baha’i</td>
</tr>
<tr>
<td>10th</td>
<td>Birth of Baha’u’llah – Baha’i</td>
<td></td>
</tr>
<tr>
<td>11th</td>
<td>Armistice Day – Interfaith Remembrance Sunday</td>
<td>Interfaith</td>
</tr>
<tr>
<td>13th</td>
<td>World Kindness Day</td>
<td></td>
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<tr>
<td>14th</td>
<td>World Diabetes Day</td>
<td></td>
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<tr>
<td>15th</td>
<td>Nativity Fast begins – Orthodox Christian</td>
<td></td>
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<tr>
<td>17th</td>
<td>International Students’ Day</td>
<td></td>
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<tr>
<td>19th</td>
<td>International Men’s Day</td>
<td></td>
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<tr>
<td>20th</td>
<td>Universal Children’s Day</td>
<td></td>
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<tr>
<td></td>
<td>Transgender Day of Remembrance</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mawlid al-Nabi</td>
<td>Islam</td>
</tr>
<tr>
<td>21st</td>
<td>Presentation of the Theotokos</td>
<td>Orthodox Christian</td>
</tr>
<tr>
<td>22nd</td>
<td>Thanksgiving – Interfaith USA</td>
<td></td>
</tr>
<tr>
<td>23rd</td>
<td>Birthday of Guru Nanak Dev</td>
<td>Sikh</td>
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<tr>
<td>24th</td>
<td>Martyrdom of Guru Tegh Bahadur</td>
<td>Sikh</td>
</tr>
<tr>
<td>25th</td>
<td>International Day for the Elimination of Violence against Women</td>
<td></td>
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<tr>
<td></td>
<td>Feast of Christ the King – Christian</td>
<td></td>
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<tr>
<td>26th</td>
<td>Day of the Covenant – Baha’i</td>
<td></td>
</tr>
<tr>
<td>28th</td>
<td>Ascension of Abdul’l-Baha – Baha’i</td>
<td></td>
</tr>
<tr>
<td>30th</td>
<td>Saint Andrew’s Day – Christian</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Bank Holiday – Scotland</td>
<td></td>
</tr>
</tbody>
</table>

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**Basic Human Rights Articles**

7. **Right to Equality before the Law**

8. **Right to Remedy by Competent Tribunal**

9. **Freedom from Arbitrary Arrest and Exile**

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**November is Lung Cancer Awareness Month | Pancreatic Cancer Awareness Month**

**Mouth Cancer Action Month | COPD Awareness Month**

**Movember Men’s Health Awareness Month**

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**Diversity Perspectives**

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**Success is getting what you want. Happiness is wanting what you get.**

_Ingrid Bergman_
Diversity Calendar 2019

leading the world in diversity
January 2019

Whatever you do, be different — that was the advice my mother gave me, and I can't think of better advice for an entrepreneur. If you're different, you will stand out.

Anita Roddick

Diversity Perspectives

Basic Human Rights Articles

12 Freedom from Interference with Privacy, Family, Home and Correspondence

13 Right to Free Movement in and out of the Country

January is Cervical Health Awareness Month | Alcohol Concern Dry January

- Last Quarter
- New Moon
- First Quarter
- Full Moon

Special Days

1st New Year’s Day
Gantan-sai (New Year) – Shinto

4th World Braille Day

5th Twelfth Night – Christian
Birthday of Guru Gobind Singh – Sikh

6th Epiphany – Christian

7th Feast of the Nativity – Orthodox Christian

13th Baptism of the Lord Jesus – Christian
Saint Hilary’s Day – Christian

14th New Year – Orthodox Christian
Seijin no hi (Coming of Age Day) – Shinto

15th Makar Sankranti – Hindu
Maghi – Sikh

18th 18–25 Week of Prayer for Christian Unity – Christian

19th Timkat – Ethiopian Orthodox Christian
Feast of the Theophany – Orthodox Christian

20th World Religion Day – Baha’i

21st Martin Luther King Jr Day
21–23 Mahayana New Year – Buddhist
Saint Agnes’ Day – Christian
Tu Bishvat – Jewish

25th Robert Burns Night (Burns Night)
Conversion of Saint Paul – Christian

26th Australia Day

27th Holocaust Memorial Day

All Jewish holidays begin at sundown on the evening before.
### Special Days

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>Imbolc – Wicca/Pagan</td>
</tr>
<tr>
<td>2nd</td>
<td>Candlemas (Presentation of Christ in the Temple) – Christian</td>
</tr>
<tr>
<td>3rd</td>
<td>Saint Blaise’s Day – Christian</td>
</tr>
<tr>
<td>4th</td>
<td>Setsubun-sai – Shinto</td>
</tr>
<tr>
<td>5th</td>
<td>World Cancer Day</td>
</tr>
<tr>
<td>6th</td>
<td>Chinese New Year – Confucian, Daoist, Buddhist</td>
</tr>
<tr>
<td>10th</td>
<td>Vasant Panchami – Hindu</td>
</tr>
<tr>
<td>11th</td>
<td>Zacchaeus Sunday – Orthodox Christian</td>
</tr>
<tr>
<td>14th</td>
<td>Our Lady of Lourdes – Christian</td>
</tr>
<tr>
<td>14th</td>
<td>Saint Valentine’s Day</td>
</tr>
<tr>
<td>15th</td>
<td>Nirvana Day – Buddhist, Jain</td>
</tr>
<tr>
<td></td>
<td>International Childhood Cancer Day</td>
</tr>
<tr>
<td>17th</td>
<td>Triodion begins – Orthodox Christian</td>
</tr>
<tr>
<td>20th</td>
<td>World Human Spirit Day</td>
</tr>
<tr>
<td>26th</td>
<td>World Day of Social Justice</td>
</tr>
<tr>
<td>26th</td>
<td>Intercalary Days (start) – Baha’i</td>
</tr>
</tbody>
</table>

### Basic Human Rights Articles

1. **Right to Asylum in other Countries from Persecution**
2. **Right to a Nationality and the Freedom to Change it**

**February** is Lesbian Gay Bisexual Trans History Month | UK National Heart Month

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You are more powerful than you know; you are beautiful just as you are.  
*Melissa Etheridge*
The challenge is not to be perfect...it’s to be whole.
Jane Fonda
April 2019

When we do the best we can, we never know what miracle is wrought in our life, or in the life of another.
Helen Keller

Special Days

1st April Fool’s Day
2nd World Autism Awareness Day
3rd Lailat al Miraj – Islam
7th World Health Day
8th International Romani Day
14th Birth of the Khalsa (Vaisakhi) – Sikh
Rama Navami – Hindu
Palm Sunday – Christian
17th Mahavir Jayanti – Jain
18th Birthday of Guru Tegh Bahadur – Sikh
Birthday of Guru Angad Dev – Sikh
Maundy Thursday – Christian
19th Good Friday – Christian
Theravada New Year – Buddhist
Hanuman Jayanti – Hindu
20th Holy Saturday – Christian
Pesach (Passover) – Jewish
Lailat al Bara’ah – Islam
Lazarus Saturday – Orthodox Christian
21st First Day of Ridvan – Baha’i
Easter Sunday – Christian
Palm Sunday – Orthodox Christian
22nd Easter Monday – Christian
Earth Day
23rd Saint George’s Day – Christian
25th World Malaria Day
26th Holy Friday – Orthodox Christian
28th World Day for Health & Safety at Work
Pascha (Easter) – Orthodox Christian
29th Ninth Day of Ridvan – Baha’i
30th Saint James the Great’s Day – Orthodox Christian

All Jewish holidays begin at sundown on the evening before.

Diversity Perspectives

Basic Human Rights Articles

19 Freedom of Opinion and Information
20 Right of Peaceful Assembly and Association
21 Right to Participate in Government and in Free Elections

April is Stress Awareness Month | Bowel Cancer Awareness Month
Parkinson’s Awareness Month

University of Hertfordshire UH
### Special Days

- **1st** Beltane – Wicca/Pagan
- **2nd** Twelfth Day of Ridvan – Baha’i
- **2nd** Yom HaShoah (Holocaust Remembrance Day) – Jewish
- **6th** Birthday of Guru Arjan Dev – Sikh
- **6th** Ramadan begins – Islam
- **7th** Akshaya Tritiya – Hindu, Jain
- **8th** Yom HaZikaron (Israeli Memorial Day) – Jewish
- **9th** World Red Cross Red Crescent Day
- **13th** Our Lady of Fatima – Christian
- **15th** Mental Health Awareness Week
- **15th** International Day of Families
- **17th** International Day Against Homophobia, Transphobia and Biphobia
- **18th** Vesak – Buddha Day – Buddhist
- **18th** International Day for Cultural Diversity for Dialogue and Development
- **21st** World Day for Cultural Diversity for Dialogue and Development
- **21st** International Day for Biological Diversity
- **23rd** Birthday of Guru Amar Das – Sikh
- **24th** Declaration of the Báb – Baha’i
- **24th** Ascension of Baha’u’llah – Baha’i
- **29th** International Day of United Nations Peacekeepers
- **30th** Ascension of Jesus – Christian
- **31st** Lailat al-Qadr – Islam
- **31st** Quds Day – Islam
- **31st** World No Tobacco Day

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If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough.

Oprah Winfrey

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**Basic Human Rights Articles**

- 22 Right to Social Security
- 23 Right to Desirable Work and to Join Trade Unions
- 24 Right to Rest and Leisure

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May 2019

**Diversity Perspectives**

- May is Action on Stroke Month
- Scottish Mental Health Arts Festival
- UK National Walking Month

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**University of Hertfordshire UH**

All Jewish holidays begin at sundown on the evening before.
It takes a great deal of courage to stand up to your enemies, but even more to stand up to your friends.

J. K. Rowling

June 2019

Special Days

1st Volunteers’ Week (UK)
2nd Yom Yerushalayim (Jerusalem Day) – Jewish
4th International Day of Innocent Children Victims of Aggression
5th Eid al Fitr – Islam
6th Ascension of the Lord – Orthodox Christian
9th Pentecost – Christian
12th World Day against Child Labour
14th World Blood Donor Day
15th World Elder Abuse Awareness Day
16th Martyrdom of Guru Arjan Dev – Sikh
17th World Day to Combat Desertification and Drought
20th World Refugee Day
21st Summer Solstice
23rd International Women in Engineering Day
24th Nativity of Saint John the Baptist – Christian
28th Sacred Heart of Jesus – Christian
29th Feast of Saints Peter and Paul – Christian

All Jewish holidays begin at sundown on the evening before.
July 2019

Don't look at your feet to see if you are doing it right. Just dance.
Anne Lamott

Special Days

1st 'Canada Day
4th US Independence Day
5th Birth of Guru Harobind – Sikh
10th Martyrdom of the Báb – Bahá’í
11th Saint Benedict’s Day – Christian
10th World Population Day
15th Saint Vladimir the Great’s Day
– Orthodox Christian
16th Asalha Puja (Dharma Day)
– Buddhist
17th World Day for International Justice
18th Nelson Mandela International Day
22nd Feast Day of Saint Mary Magdalene
– Christian
23rd Birthday of Guru Har Krishan – Sikh
– Rastafari
24th Pioneer Day – Mormon Christian
25th Saint James the Great’s Day
– Christian
28th World Hepatitis Day
30th International Day of Friendship

Basic Human Rights Articles

28 Right to a Social Order that Articulates this Document

29 Community Duties Essential to Free and Full Development

30 Freedom from State or Personal Interference in the above Rights

July is Sarcoma Awareness month | International Women with Alopecia Month
Scams Awareness Month

University of Hertfordshire
Diversiton Training Workshops and Courses – 2018/19

Our UK and Ireland network of trainers (based in Clonmel, Sheffield, London, Birmingham, Belfast, Edinburgh and Warrenpoint) deliver a range of programmes for Private and Public sector clients. Here is a summary of our main Courses. All Workshops are tailored to individual needs. Please contact us for further information on any course.

Enterprise and Income

- Income Generation for Communities.
- License your Training Courses.
- CYSS (Craft Your Signature Speech) Presentation Skills Masterclass.
- Write and Publish your Book on Amazon.
- Silo-Busting and Self Generated Income for Local Authorities

Community Empowerment

- Income Generation & Sustainability for Communities.
- Community Clubs & WorkCentres for all.
- Work it Out!
- Tackling Local Poverty and Under-Employment.
- Collaborative Working Strategies.

Personal Development

- CYSS (Craft Your Signature Speech) Presentation Skills Masterclass.
- Career and Life Planning.
- Coaching and Mentoring Skills.
- Retirement Programmes.
- Write and publish your books on Amazon.
- CV Expert.

Peace Building

- Peace Building Skills.
- PeaceBuilder Initiative for Schools.
- ‘New Space’ Reconciliation Approaches.
- Spiritual Peacebuilding for all.
- Faith and Community Peacebuilding

Equality and Diversity

- Diversity and Inclusion Strategies for today’s Workplace.
- Respect at Work.
- Religion and Belief within our Organisation.
- Do we need a Prayer Room a Quiet Space?
- Older Workers – Retirement strategies that work for everyone!
- Meeting and Working with People from Different Traditions.

Spirituality

- Spiritual Inclusion.
- Spiritual Exercises for Everyone.
- Spirituality at Work.
- Inner Learning.
- Spiritual Coaching.

Further Information on our Courses and Workshops

If you think we can help or support you in any way please call or drop us an email. We look forward to hearing from you at any time.

Please email Sharon@diversiton.com or call (+44) 02841 754 777

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Parques de Sintra – Portugal
International Diversity Award 2018

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