



Wellbeing and a sense of community

Spotlight Session

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Today

Context of students as partners in embedding mental wellbeing at De Montfort University

Challenges emerging from COVID-19

Student partnership a key element in our drive to embed mental wellbeing

Impact and benefits of student partnership in this activity



Images: Jason Senior, De Montfort University

Context of students as partners in embedding mental wellbeing at De Montfort University

Awarded a Collaborative Award for Teaching Excellence (CATE) in 2022 for activity involving students as partners, but how & where did it begin?



De Montfort University

- Context and other previous activity

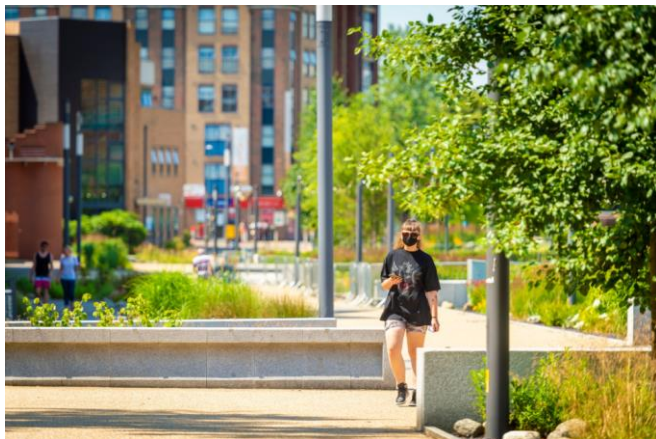
Advance HE project, 2019

- Activity in late 2019 and early 2020

Challenges emerging from COVID-19



We thought embedding mental wellbeing was important before and the pandemic highlighted the need for effective action, but how?



University response +
Students' Union response



Images: Jason Senior, De Montfort University

Student partnership a key element in our drive to embed mental wellbeing



Working with Students' Union

Drawing on student stakeholder feedback

Responding to the needs of students, as identified by students and staff



Images: Jason Senior, De Montfort University

Impact and benefits of student partnership in this activity

An approach to embedding mental wellbeing devised and developed with students

Recognition for collaboration, CATE award

Opportunity for Students' Union to share practice more widely through University-led national project



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Summary

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Impact and benefits of student partnership in this activity

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