

The Last Outing

The Last Outing: exploring end of life experiences and care needs in the lives of older lesbian, gay, bisexual and trans people

Project Duration: Sept 2012 to March 2015

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Project Staff

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Aims

1. To identify particular needs and preferences salient to sexual/gender orientation relating to EoLC (End of Life Care) as identified by LGBT (lesbian, gay, bisexual and transgender) elders
2. To examine ways in which sexual/gender orientation may impact on experiences of EoLC for LGBT elders
3. To explore LGBT elders' familial and friendship networks and the ways in which these personal networks may influence later life experiences towards and at end of life
4. To identify recommendations for good practice in EoLC issues addressing issues for LGBT elders

Methods

A mixed methods study with three phases including:

- A survey of older LGBT people's (aged 60 and over, N= 237) experiences and needs in relation to EoLC across the UK (England, Wales, Scotland and Northern Ireland).
- In-depth interviews with a sub-sample of the survey respondents (n = 60) to examine issues highlighted from the survey.
- A public engagement workshop to feedback findings and to collaboratively develop recommendations to contribute to outcomes of the study.

The final report (PDF) for the project is now available to view/download

Evidence provided to the Women and Equalities Committee Health and social care and LGBT communities inquiry

[Written](#) and oral evidence

Other resources produced/informed by this research:



A guide for health and social care professionals and carers

[Being Accepted Being Me](#)

[Hiding Who I am](#)

"Hiding who I am"

The reality of end of life care for LGBT people



Peer reviewed articles and chapters published from this research:

Bahena, A., Makita, M. and **Almack, K.** How sexual orientation, living arrangements, spirituality and self-rated health impact on planning for end-of-life care for Lesbian, Gay and Bisexual older people. Forthcoming in a special edition of *Sexualities*

Almack, K. and Crossland, J. (2018) Erfahrungen Von LSBT*-Patient_Innen am Ende ihres Lebens – Die situation sterbender in England und erkenntnisse der studie 'The Last Outing' / The experience of LGBT older adults at the end of their lives: 'End of Life Care' in England and findings from the study 'The Last Outing'. *Pflege & Gesellschaft* 23(3), 245-261.

Almack, K. (2018) 'I Didn't Come Out to Go Back in the Closet': Ageing and end of life care for older LGBT people. In King, A., Almack, K., Suen T-Y and Westwood, S (forthcoming) Older Lesbian, Gay, Bisexual and Trans People: Minding the Knowledge Gaps. London: Routledge. 158-171

Almack, K. (2016). Dying, Death and Bereavement. In Goldberg, A (ed) *The SAGE Encyclopaedia of LGBTQ Studies*. New York: Sage, 342-347

Almack, K., Moss, B. and Smith, T (2015) Research and policy about end of life care for LGBT people: identifying implications for social work services, in J. Fish. and K. Karban, (eds.), Social Work and Lesbian, Gay, Bisexual and Trans Health Inequalities: International Perspectives. Bristol: Policy Press, 173-186.