The Last Outing: exploring end of life experiences and care needs in the lives of older lesbian, gay, bisexual and trans people

Project Duration: Sept 2012 to March 2015

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Aims

1. To identify particular needs and preferences salient to sexual/gender orientation relating to EoLC (End of Life Care) as identified by LGBT (lesbian, gay, bisexual and transgender) elders
2. To examine ways in which sexual/gender orientation may impact on experiences of EoLC for LGBT elders
3. To explore LGBT elders' familial and friendship networks and the ways in which these personal networks may influence later life experiences towards and at end of life
4. To identify recommendations for good practice in EoLC issues addressing issues for LGBT elders

Methods

A mixed methods study with three phases including:

- A survey of older LGBT people's (aged 60 and over, N= 237) experiences and needs in relation to EoLC across the UK (England, Wales, Scotland and Northern Ireland).
- In-depth interviews with a sub-sample of the survey respondents (n = 60) to examine issues highlighted from the survey.
- A public engagement workshop to feedback findings and to collaboratively develop recommendations to contribute to outcomes of the study.

The final report (PDF) for the project is now available to view/download

Evidence provided to the Women and Equalities Committee Health and social care and LGBT communities inquiry

Written and oral evidence
Other resources produced/informed by this research:

Peer reviewed articles and chapters published from this research:

Bahena, A., Makita, M. and Almack, K. How sexual orientation, living arrangements, spirituality and self-rated health impact on planning for end-of-life care for Lesbian, Gay and Bisexual older people. Forthcoming in a special edition of *Sexualities*


