

# Top tips for your first week at university



University of  
Hertfordshire **UH**

# Get settled into life at Herts

From exploring your new surroundings to feeling at home in your accommodation, we've got you covered.

## Explore your surroundings

College Lane, de Havilland and the local community have excellent resources for you and your friends to discover:

- **Grab a bite to eat** from Café Retreat, the food court or from our very own on-campus Subway and Starbucks. You have options to cater to all your requirements including Halal, Gluten-free and vegan/vegetarian options.
- **Fancy a night out?** Pop into Seventy7 and The Loft nightclub – modern facilities constructed with you in mind and offering a whole host of events!
- **Visit the Elehouse** for your weekly dose of karaoke nights, open mic and pub quizzes and more. The perfect location to pair fun events with tasty affordable food and drinks.
- **Fitness on your mind?** Visit Hertfordshire Sports Village or The Oval and enjoy the use of a swimming pool, gym, climbing wall and multi-purpose courts available on a discounted membership fee. Or get involved with our Active Students scheme, a free programme of fitness activities that are a great way to meet new people and experience something for the first time.
- **The Enterprise Hub** gives you the perfect blend of education and open learning. Located on de Havilland, you'll benefit from modern co-working environments with daytime coffee and dining experiences.
- **Your local community** has a variety of activities to do off campus too. Take a trip to The Galleria, your nearest shopping outlet and the home to some of your favourite brands. Explore mother nature at Hatfield Park or take a historical trip to Hatfield House, the choice is yours!
- **When you join Herts**, you can access our support services whenever you need them, from academic to wellbeing support. We've got you covered, so you can make the most of your university experience.



## Feel at home at Herts

Once you've collected your keys and introduced yourself to your new flatmates, it's time to turn your accommodation into your new home. Here are a few tips you could incorporate:

- **Display photos:** Constant reminders of friends and family can really have a positive impact on your new environment.
- **The little touches:** From fairy lights to comfy cushions, air diffusers to houseplants, adding a few little touches can revitalise your new home.
- **Home is where the heart is:** Bring along your favourite household items, whether it's a mug, a hoodie or a plant, it can make all the difference.
- **Make the most of technology:** Modern technology has made it easier to stay connected with loved ones so scheduling face-to-face calls is an easy method to keep in contact with your friends and family.



## Utilise Your Resources

At Herts you've got the perfect blend of resources available:

- **Be sure to sign up to a society or a sports club.** You've got over 100 different societies to choose from, from Anime and Manga to LGBT+ and Esports to salsa, and you can even create your own community!
- **Head down to our annual Freshers' Fair.** If you're only going to attend one event this year, make sure it's this one! Find entertainment, food and lots of freebies, suitable for all first-year students.

