ARTS-BASED LEADERSHIP DEVELOPMENT: a mind map
ART TAPS INTO EMOTION LEADS TO A HEIGHTENED SENSE OF SELF-AWARENESS AND INTROSPECTION

ARTS-BASED METHODS - WHAT DOES IT ENABLE?

ENGAGING ART COLLABORATIVELY A CREATIVE PROCESS AND REQUIRE COGNITIVE INTERPERSONAL AND PROBLEM-SOLVING SKILLS

ART CAN LEND MEANING TO COMPLEX SITUATIONS AND OFFER UNIMAGINED SOLUTIONS TO COMPLEXITIES

HELP REMAP ILLUSIONS AND ASSUMPTIONS AND REVEAL HEART OF AN SUBJECT

Crises


Mind mapping and infographic design by Bhavani Ramamoorthi. University of Jyväskylä. Finland
What can arts-based methods include?

- Photography
- Drawing/Painting
- Martial Art
  - Bodily Movements
- Poetry/Creative Writing
- Storytelling/College
- Music Orchestra
- Sculpture
  - Clay sculpture
  - Doll-making
  - Mask-making
- Dance
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Further information on the project is available here: https://www.herts.ac.uk/cel/enables-arts-based-and-embodied-leadership-development

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