



User pathway: Narrative Expression



Using Narrative
Expression to Develop
Distributed Leadership:

A User Pathway



User Pathway: Narrative Expression An Introduction

This is one in a series of User Pathways which have been created to help support you in your use of the ENABLES project website and resources. This User Pathway is designed to introduce you to the concept of **distributed leadership** and how **narrative expression** exercises can be used as a way of developing distributed leadership capacity.

The User Pathway is envisaged as a set of stepping stones. Along the pathway, you will be guided towards a series of helpful resources, which are available as documents to download and / or in audio-visual formats to watch and listen to.

You will have the chance to orientate yourself on the ENABLES website, before moving on to explore the resources on distributed leadership and the use of narrative expression as an arts-based and embodied approach to leadership development. It's probably easiest to just keep this document open and use the hyperlinks to find your way around.

We suggest where to start, but the pathway is ultimately yours to navigate. We hope you enjoy your virtual journey on this User Pathway! Do check out other User Pathways in the series.

The ENABLES Team

User pathway: Narrative Expression

START HERE!
Locating the website
[ENABLES website](#)

Navigating the website
[website information](#)

Introduction to distributed leadership (DL) – document
[Intro to Distributed Leadership \(DL\)](#)

Introduction to distributed leadership (DL) – video
[Intro to Distributed Leadership \(DL\)](#)

Ways of thinking about DL – video
[Ways of thinking about DL](#)

Distributed leadership: suggested reading
[DL: suggested reading](#)

Leadership is distributed... - video
[Leadership is distributed...](#)

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Introduction to arts-based & embodied methods (ABE)
[Intro to ABE](#)

Guide to using narrative expression –
[guide to narrative expression](#)

Something Meritorious – a narrative expression technique (video)
[Something Meritorious](#)

Tree of Life – a narrative expression technique (video)
[Tree of Life](#)

Magical Day – a narrative expression technique (video)
[Magical Day](#)

Check out other User Pathways on the ENABLES website?
[User Pathways](#)





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Further information on the project is available here:
www.herts.ac.uk/study/schools-of-study/education/research/enables

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