The course
Dietetics is all about helping people make informed and practical choices about food and lifestyle. With an increasing demand from both the government and the public for nutritional and dietetic education, the role of dietitians is becoming increasingly important.

As a dietitian, you will work with individuals with special dietary needs, inform the general public about nutrition evaluate and improve treatments, and educate clients, doctors, nurses and other health professionals.

During the course, you will work with a wide range of academic disciplines. The degree has been developed in partnership with NHS Hospital Trusts and Primary Care Trusts, so you can be confident that your knowledge and skills will be a thorough preparation for your future work and give you the opportunity to advance your career into senior roles within the service.

Practice placement
Dietetics is a programme that delivers integration of theory and practice. It features six placements over 3 years based within our partnership NHS Trusts in: Bedfordshire, Hertfordshire, Cambridgeshire, Norfolk, Suffolk and Essex, equipping graduates with the ability to become competent practitioners within the hospital and community environment.

Career opportunities
Dietitians are employed in the NHS in both hospital and community settings. In addition, dietitians work in the food industry, with charities, in education and research or on a freelance basis. This degree gives you the theoretical knowledge and the practical experience to meet those expectations.

I found the dietetics course at Hertfordshire varied and well organised. Studynet, the University’s intranet is an excellent tool which the lecturers use to good effect to communicate with the students about all the key aspects of the course so that things run very smoothly and any changes are known promptly.

Jo Grey, BSc (Hons) Dietetics