



# A guide for commuting students

University of  
Hertfordshire **UH**

# Will you be commuting to the University of Hertfordshire?

**Discover useful tips and tricks you can adopt to make your commute that little bit easier.**

## **Plan, Prepare, Predict**

Plan, Prepare and Predict are three easy methods you should incorporate before you start your journey:

- **Plan:** Always plan your journey ahead of time. Gauge an understanding of your route, the journey time and your method of transportation. For students commuting by car, we've got 800 parking spaces connected with our Park and Ride service which is available to take you to College Lane or de Havilland once you've arrived safely.
- **Prepare:** Always prepare for the journey ahead the night before. This will give you the flexibility to double check and make any adjustments to your journey if required. Whether you need to pack your bag, make some lunch or complete an upcoming presentation, being prepared can really make the day go smoother.
- **Predict:** If you're commuting by car, expect traffic delays, roadworks and all other variables which could possibly make your journey longer. If you're commuting via public transport, predict possible cancellations, delays or other external implications which could hinder your journey. A quick tip? Leave a little earlier to ease any concerns.



## Travel Light

When commuting to campus, only bring items you will utilise on the day. You should definitely bring the following:

- Laptop & charger
- USB / external storage (if required)
- Course related books / notebook
- Stationery
- Diary or planner
- Water bottle
- Rain gear / umbrella
- Lunch / snacks

## Make the most of your time on Campus

Remaining on campus once you've finished your lectures can have a positive impact on your experience. Mingle with course mates, visit a friend's accommodation, attend a society or sports club event or even experience a night out.

At Herts you've got various food outlets to grab a bite to eat. Or visit our informal learning zones, a quiet place you can experience with friends to get ahead on your course. Just because you are commuting doesn't mean you have to miss out on what university life has to offer!



## Health and Wellbeing

Your health and wellbeing should always remain a priority throughout your university journey. Turn your commute into a regular activity you can consistently enjoy. Why not try reading a new book, tuning into a podcast or audiobook, learning a new skill (how about a language?), or rest your mind with your favourite playlist.

## Your time is now

We hope our guide has enlightened you as you embark on your journey at the University of Hertfordshire. Your time is now, unlock your potential and strive for the best!