University of Hertfordshire UH

Module Catalogue

School of Life and Medical Sciences
Psychology

A DIRECTORY OF UNDERGRADUATE MODULES FOR EXCHANGE AND STUDY ABROAD STUDENTS

SEMESTER A, B AND AB 2021/22

List of modules

PLEASE CLICK ON THE MODULE NAME BELOW FOR MORE INFORMATION

INTRODUCTION

Module name: Developmental Psychology

Module code: 5PSY1004

Module name: Biological Psychology

Module code: 5PSY1001

Module name: Cognition

Module code: 5PSY1005

Module name: Contemporary Social Psychology

Module code: 5PSY1007

Module name: Cyberpsychology

Module code: 5PSY1009

Module name: Nonverbal Behaviour

Module code: 5PSY1011

Module name: Schools of Psychotherapy

Module code: 5PSY1012

Module name: Understanding Individuals: Personal Construct Psychology

Module code: 5PSY1010

Module name: People and Society

Module code: 6LMS0035

Module name: Personality: Past and Present Debates

Module code: 6LMS0028

Module name: Health Psychology

Module code: 6PSY0057

Module name: Psychology of Performing Arts

Module code: 6PSY1004

Module name: Brain Disorders

Module code: 6PSY1008

Module name: Occupational and Work Psychology

Module code: 6LMS0024

Module name: Case Studies in Healthcare Science

Module code: 6LMS0002

Academic year 2021-2022

INTRODUCTION

This module directory is specifically designed for exchange students to select modules at School of Psychology, University of Hertfordshire.

1. Please see the box below explaining the module codes:

5PSY1001		
5	**PSY**	**1001**
Module level	School of study	Module code

2. As an exchange student you can choose modules from levels 5, 6 and exceptionally at level 4.

Level 4	**Level 5**	**Level 6**
First Year module	Second year module	Third Year module

3. Co-requisites, pre-requisites and prohibited combinations.

Some of the modules may have co-requisites or pre-requisites which you will find indicated in each module. Please note for you, as an exchange student, *if a module has co-requisites or pre-requisites you must have previously studied the subject and have completed the relevant module(s) at your home institution.* When sending your application, please include a copy of your transcript to show that you have taken the minimum required co-requisites or pre-requisites module(s) at your home institution. Additionally, we may require you to provide a module description in order to evidence prior study.

If you are in the process of completing the required module(s) at the time of the application and you do not have the final copy of the transcript, please include a letter from your home institution clearly listing the modules that you are registered on.

Prohibited combinations- please note if there are modules listed under prohibited combinations you can only study one of the modules.

Module name: Developmental Psychology

Module code: 5PSY1004

Semester: 15

Credits: A

Module Aims:

Further their understanding of selected issues in developmental psychology, with reference to theories, methods and applications. Further their understanding of age-related psychological change in humans.

Intended Learning Outcomes:

Successful students will typically:

* Have detailed knowledge and understanding of theories offered in explanation of age-related cognitive and social change, both normal and exceptional.

* Have detailed knowledge and understanding of research methods appropriate for identifying psychological change.

* Have detailed knowledge and understanding of the different developmental course of at least one exceptional population.

* Have knowledge and understanding of the relevance of developmental psychology to applied issues.

Successful students will typically:

* Be able to evaluate the strengths and weaknesses of research methods in developmental psychology

* Be able to demonstrate detailed knowledge of the course of age-related change in different areas of development and evaluate appropriate theoretical perspectives.

* Be able to, where appropriate, demonstrate awareness of the relevance of developmental research findings to specific applied settings.

Module Content:

Students will be introduced to age-related development in specific cognitive and social areas in both normal and exceptional populations and to the theories offered to explain such change. This course will also provide students with knowledge of research methods appropriate for investigating age-related change. Where appropriate, the application of research findings to applied settings will be explored.

Pre and Co requisites:

4PSY1002

Total hours: 150

Assessment:

Exam	Coursework	Practical
80%	20%	0%

Module name: Biological Psychology

Module code: 5PSY1001

Semester: 15

Credits: B

Module Aims:

Increase their knowledge of central nervous system mechanisms in the control of physiological responses and behaviour. Increase their understanding of the common experimental approaches in Biological Psychology aimed at unravelling brain-behaviour relationships, such as the influence of drugs and disease or injury.

Intended Learning Outcomes:

Successful students will typically:

* Have detailed knowledge and understanding of experimental approaches in Biological Psychology.

* Have detailed knowledge and understanding of the central nervous system mechanisms in the control of behaviour.

* Have detailed knowledge and understanding of the role of genetics in normal and abnormal brain functioning.

* Have detailed knowledge and understanding of drug actions/interactions with brain functions and behaviour.

* Have detailed knowledge and understanding of influences of disease or injury on brain function and behaviour.

Successful students will typically:

* Be able to discuss the scope and limitations of major research approaches in the study of brain/drug/genetic

- behaviour relationships.

* Be able to appropriately apply biological concepts to the explanation of behaviour.

Module Content:

This course will further develop students' understanding of methods of enquiry and current knowledge in biological psychology, paying particular attention to brain function, including the influence of genetic variables and chemical agents.

Pre and Co requisites:
4PSY1007

Total hours: 150

Assessment:

Exam	Coursework	Practical
80%	20%	0%

Module name: Cognition

Module code: 5PSY1005

Semester: 15

Credits: A

Module Aims:

Gain a further understanding of selected issues in cognitive psychology with reference to theories,

methodologies and applications.

Intended Learning Outcomes:

Successful students will typically:

* Have detailed knowledge and understanding of substantive issues in selected fields of cognitive research.

* Have detailed knowledge and understanding of current theoretical frameworks in cognition.

Have detailed knowledge and understanding of general issues of methodology when investigating cognitive phenomena.

* Have an understanding of selected applications of fundamental research in cognitive psychology.

Successful students will typically:

* Be able to discuss and evaluate theories and methods relating to selected areas of cognitive psychology.

 * Be able to discuss applications of cognitive theory.

Module Content:

This course will examine theories, evidence and applications relating to selected areas of cognitive psychology. Topics such as long-term memory, problem solving, judgement and decision making, intelligence, language, perception and action will be addressed.

Pre and Co requisites:
4PSY1004

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Contemporary Social Psychology

Module code: 5PSY1007

Semester: 15

Credits: B

Module Aims:

Gain detailed knowledge and an understanding of recent developments concerning both theory and application within Social Psychology.

Intended Learning Outcomes:

Successful students will typically:

* Have detailed knowledge and understanding of recent social psychological research methods in individual and group research.

* Have detailed knowledge and understanding of recent theoretical developments in social psychology concerning both individual and groups and the empirical basis underpinning these.

* Have detailed knowledge and understanding of the application of recent theoretical developments in Social Psychology in a range of real-world settings.

Successful students will typically:

* Be able to discuss competing social psychological theories and evaluate associated research.

* Be able to evaluate the relative merits of different social psychological theories in terms of their relevance to applied settings.

Module Content:

The course will extend students' knowledge and understanding of Social Psychology and introduce them to a variety of recent theoretical developments in Social Psychology as well as how these may be relevant in various applied settings. Topic areas to be studied will typically include stereotype suppression effects, terror management theory, evolutionary approaches in social psychology, cultural psychology, tyranny, crowd behaviour and intergroup contact and reconciliation with a case study of Northern Ireland.

Pre and Co requisites:
none

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Cyberpsychology

Module code: 5PSY1009

Semester: 15

Credits: B

Module Aims:

Explore the psychological impact of computers, technology and the internet on human thinking, behaviour and social interaction.

* Gain an understanding of key psychological theories as they are applied to the use of computers, technology and the internet.

* Think about the use of computers and the internet from a psychological perspective.

Intended Learning Outcomes:

Successful students will typically:

* Have a detailed understanding of key psychological theories as they are applied to computers, technology and the internet

* Have a detailed understanding of the relationship between psychology and the use of internet technologies and computers

Successful students will typically:

* Be able to discuss and evaluate theoretical concepts and research evidence relating to Cyberpsychology

* Be able to contrast and compare competing psychological theories and evaluate associated research in the area of Cyberpsychology.

Module Content:

The course will introduce students to a variety of recent theoretical developments in Cyberpsychology and how these may be relevant in various applied settings. Topic areas to be studied will typically include online behaviour (e.g. consumer behaviour, gambling, addiction), online education and health, online impression formation, social networking, online relationships, online security, cyber-ethics and general principles of human computer interaction.

Pre and Co requisites:
None

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Nonverbal Behaviour

Module code: 5PSY1011

Semester: 15

Credits: B

Module Aims:

Be introduced to the study of nonverbal behaviour (including facial expression, eye gaze, posture) with a main focus on hand gestures

* Gain an insight into the social, cognitive and developmental aspects of gestures

* Evaluate new research in this area

Intended Learning Outcomes:

Successful students will typically:

* Have detailed knowledge and understanding of both the social and cognitive benefits of gesture.

* Understand both the interpersonal and intrapersonal functions of gesture and evidence supporting their integration with speech.

* Have detailed knowledge and understanding of the roles of gestures in typical and atypical development.

* Have insight into how the study of nonverbal behaviour can be applied in the real world.

Successful students will typically:

* Be able to discuss new research in the area of nonverbal psychology and contrast competing theoretical models.

* Be able to discuss the relevance of studying nonverbal behaviour in context and how nonverbal psychology can be applied in the real world.

Module Content:

This module examines the nonverbal behaviour of individuals (including facial expression, eye gaze, posture) with a focus on hand gestures. Over the course of this module, students will gain insight into the social, cognitive and developmental aspects of gestures and understand the wider, real world implications of nonverbal behaviour. Specific topics include: the formation and interpretation of facial expressions, the communicative and cognitive functions of gestures, the role of gestures in development and the implications of nonverbal psychology in the real world. Students will be asked to review and evaluate current published research in this area.

Pre and Co requisites:

4PSY1002

4PSY1004

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Schools of Psychotherapy

Module code: 5PSY1012

Semester: 15

Credits: B

Module Aims:

Introduce students to different theoretical frameworks of psychotherapy.

Intended Learning Outcomes:

Successful students will typically:

* Have detailed knowledge and understanding of different psychotherapeutic approaches relevant to clinical practice.

* Have detailed knowledge and understanding of assessment methods adopted by different schools of psychotherapy and associated research.

Successful students will typically:

* Be able to discuss different schools of psychotherapy, appreciate their strengths and weaknesses and be able to perform comparisons of underlying assumptions, philosophies and core constructs.

* Be able to debate the effectiveness of different psychotherapeutic methods for given problems.

* Identify the ethical parameters applicable to psychotherapeutic settings

* Make use of a variety of information, data and knowledge sources to be able to evaluate and consider alternative psychotherapeutic approaches/tools.

Module Content:

The module begins with an overview of the main schools of psychology over the last century and a multidimensional discussion of the practical constraints within which psychotherapy takes place. Various schools of psychotherapy and their founders are discussed. Clinical methods and their weaknesses are considered, as are ways to improve the validity of clinical assessments. The design and use of the clinical interview is covered, as are psychometric measures (ability and personality). Students are made aware of legal and broader clinical issues relevant to psychotherapy practice. Evaluation of psychotherapy procedures is also addressed. The module will also focus on practical, methodological and ethical issues that are likely to affect the efficiency of psychotherapy in the different clinical workplaces.

Pre and Co requisites:
none

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Understanding Individuals: Personal Construct Psychology

Module code: 5PSY1010

Semester: 15

Credits: B

Module Aims:

Gain a detailed understanding of personal construct theory - the theory that underpins Personal Construct Psychology.

* Gain a detailed understanding of the practical applications of Personal Construct Psychology (PCP)

* Gain an understanding of Repertory Grid Technique, the most well known methodology within Personal Construct Psychology

Intended Learning Outcomes:

Successful students will typically:

* Demonstrate detailed knowledge and an understanding of the basic tenets of Personal Construct

Psychology.

* Demonstrate detailed knowledge and understanding of the application of Personal Construct Psychology in both clinical and non-clinical settings.

* Demonstrate detailed knowledge of how Repertory Grid Technique can be used in a range of settings.

Successful students will typically:

* Be able to administer and analyse some types of Repertory Grids.

* Be able to use and apply some of the interviewing skills used in Personal Construct Psychology, i.e. to identify how particular individuals construe their personal worlds.

* Be able to reflect upon their own behaviour and the construing that underlies it.

Module Content:

This module introduces the student to Personal Construct Psychology (PCP). PCP is a particular psychology based on George Kelly's personal construct theory. PCP offers a means of understanding both the behaviour of other people and one's own behaviour. PCP has a wide range of applications in both clinical and non-clinical settings and because it is rarely considered in any detail within undergraduate degrees in Psychology, this module offers students an unusual opportunity to discover an alternative way of thinking about how to make sense of why people behave in the ways they do and how attempts at behaviour change might be undertaken. Practical methods of applying PCP will be taught in the module.

Pre and Co requisites:

4PSY1004

Total hours: 150

Assessment:

Exam	Coursework	Practical
0%	100%	0%

Module name: People and Society

Module code: 6LMS0035

Semester: 15

Credits: A

Module Aims:

Gain advanced knowledge and understanding of basic principles, processes and applications in Social Psychology, focusing on the effects of variables of the social context on intra- and inter-individual cognition and behaviour

Intended Learning Outcomes:

Successful students will typically:

* Have advanced knowledge and understanding of social psychological paradigms of individual and group research;

* Have advanced knowledge and understanding of social psychological theories and empirical evidence focusing on how variables of the social context affect the cognition and behaviour of individuals;

* Have advanced knowledge and understanding of applications of social psychological theory and evidence.

Successful students will typically:

* Be able to identify principles that underlie human social behaviour and show how they apply to different social psychological phenomena;

* Be able to discuss and compare social psychological theories and critically evaluate associated research.

Module Content:

The course will extend students' knowledge and understanding of principles, processes and applications in social psychology, focusing on how variables of the social context affect both the cognitive processes and behaviour of individuals and social relations within and between groups. Topics to be studied are likely to include social perception (including prejudice), causal attribution, interpersonal attraction and relationships, group performance, inter-group conflict and social constructionism.

Pre and Co requisites:
none

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Personality: Past and Present Debates
Module code: 6LMS0028

Semester: 15

Credits: B

Module Aims:

Consider issues and topics in personality from a historical and conceptual perspective, with a special focus on points of debate.

Intended Learning Outcomes:

Successful students will typically:

* Have a critical awareness of:

- Key psychological theories relating to personality and individual differences;

- Major approaches in personality theory and research;

- Measurement of personality and individual differences;

- Current and historical themes and debates in personality.

* Be able to:

- Compare and contrast and critically evaluate key psychological theories relating to personality;

- Demonstrate a critical awareness of different perspectives in personality and their application;

- Domonstrate a critical awareness of the historical development of theories and key issues in personality.

Module Content:

This module introduces students to a critical analysis of personality theory and measurement, with particular reference to historical background and conceptual debates.

Approaches typically included are:

- Psychodynamic

- Humanistic

- Trait

- Biological

- Interactionism

Pre and Co requisites:
none

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name:

Health Psychology

Module code: 6PSY0057

Semester: 15

Credits: A

Module Aims:

Be introduced to the role of psychology in health and illness;

* Explore a biopsychosocial model of health and illness;

* Examine cognitive, behavioural and emotional factors in the development and treatment of illness;

Intended Learning Outcomes:

Successful students will typically:

* Have advanced knowledge and understanding of theoretical approaches to health and health behaviour;

* Have advanced knowledge and understanding of the role of cognition and emotion in relation to health and illness;

* Have an awareness of the strengths and limitations of biomedical and biopsychosocial approaches to understanding health and illness;

* Have advanced knowledge and understanding of research on the relationship between psychosocial factors and health/illness.

Successful students will typically:

* Be able to critically evaluate theories and evidence of the role of psychology in health;

* Be able to identify strengths and limitations of psychological interventions in health improvement and health promotion;

* Be able to synthesise ideas and data from research to identify key psychological processes involved in developing illness and improving health;

* Be able to analyse contradictions in research in health psychology and develop an understanding of how these can be resolved

Module Content:

Health psychology is the practice and application of psychological research into the promotion and

maintenance of health; prevention and treatment of illness; the analysis and improvement of the health care system and health policy formation.

This module introduces some of the key theories and principles of health psychology in relation to the maintenance of health, the adoption of healthy behaviours as well as the development of, recovery from and adaptation to illness. In particular the emphasis will be on health in its broadest sense, i.e. a state of social, physical and mental well-being, rather than simply the absence of illness.

Pre and Co requisites:
4PSY1004

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Academic year 2021-2022

Module name: Psychology of Performing Arts

Module code: 6PSY1004

Semester: 15

Credits: A

Module Aims:

Introduce students to key psychological theories as they are applied to theatre and performance

* Encourage students to think about a broad range of applications for psychological theories

* Encourage students to think about theatre (broadly defined) from a psychological perspective

Intended Learning Outcomes:

Successful students will typically:

* Be able to describe and evaluate key psychological theories as they are applied to theatre and performance

* Be able to demonstrate an understanding of a broad range of applications for psychological theories

* Be able to discuss the relationship between psychology and the performing arts (creative expression)

 * Be able to demonstrate an appreciation of psychology within the wider context of theatre

Successful students will typically:

* Be able to describe and critically evaluate theoretical concepts and research evidence about the psychology of performance

Module Content:

The content will include: The psychology of magic, humour and charisma, theatre and human expression, social facilitation, the psychology of role preparation, delivery and role-play, the psychology of memory and language in the theatre and the therapeutic use of drama and dance.

Pre and Co requisites:
none

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Brain Disorders

Module code: 6PSY1008

Semester: 15

Credits: A

Module Aims:

Study recent research and current thinking regarding the biological mechanisms and behavioural consequences of brain disorders, including methods to study and treatments for brain disorders

Intended Learning Outcomes:

Successful students will typically:

* Have advanced knowledge and understanding of:

* the biological bases of selected brain disorders, with the emphasis on recent developments as revealed by current research

* the methods used to investigate the mechanisms of brain disorders

* proposed or actual treatments for brain disorders

Successful students will typically:

* be able to demonstrate an ability to understand, explain, and critically evaluate recent published evidence related to investigations of brain disorders

Module Content:

This course will consider the biological mechanisms of brain disorders and how this knowledge has, or may, lead to the development of treatments. The focus will be on recent advances as revealed by current research.

The challenges of translating fundamental research on the brain into treatments will be considered, including the use of animal models and clinical trials. Students will study a range of brain disorders, including researching selected topics in some depth for specific coursework tasks, considering the biological mechanisms and consequent behavioural outcomes. Topics may include, for example, Parkinson' s, Alzheimer 's and Huntington' s disease, schizophrenia and major affective disorders, stroke and drug addiction. Topics may be general themes relevant to several disorders, for example the relative contributions of genetic and environmental factors in brain disease.

Pre and Co requisites:
The grade achieved for the pre-requisite module 5PSY1001 Biological Psychology should be at least 50%.

Total hours: 150

Assessment:

Exam	Coursework	Practical
0%	100%	0%

Module name: Occupational and Work Psychology

Module code: 6LMS0024

Semester: 15

Credits: B

Module Aims:

Acquire an advanced knowledge about selected aspects of people's behaviour in the workplace.

Intended Learning Outcomes:

Successful students will typically:

* Have a critical awareness of the causes of stress in the workplace and some of the possible solutions to stress at work.

* Have advanced knowledge and understanding of models and theories dealing with relationships in the workplace such as the psychological contract and leadership and career development.

* Have advanced knowledge of the psychological causes of work related accidents.

* Be able to compare and contrast and critically evaluate key psychological theories relating to organisational behaviour.

* Be able to demonstrate a critical awareness of different work related theories and their application.

* Be able to demonstrate a critical awareness of the importance of evidence in occupational psychology.

Module Content:

This module will provide an introduction to some of the key topics relating to people's behaviour in the workplace. Topics will include stress; relationships in the workplace; error and accidents; leadership; and career development as well as other relevant aspects of organisational behaviour.

Pre and Co requisites:
4PSY1004

Total hours: 150

Assessment:

Exam	Coursework	Practical
100%	0%	0%

Module name: Case Studies in Healthcare Science
Module code: 6LMS0002

Semester: 15

Credits: B

Module Aims:

Evaluate provided scenarios using knowledge of subject specialities and appreciate relevance across laboratorydisciplines.

Evaluate provided scenarios applying appropriate professional conduct considering patient/employee beliefs, confidentiality and behaviour.

Recognize the significance of inter-professional relationships and be able to discuss important issues relevant to all healthcare workers.

Intended Learning Outcomes:

Successful students will typically:

* Critically discuss disease examples showing how multiple laboratory disciplines are involved in patient care.

* Critically discuss professional conduct linked to sensitive issues in the healthcare workplace.

* Undertake reflective practice to solve problems encountered in the workplace.

* Interpret clinical information and data to conclude pathology based case studies.

* Use effective and professional written and oral communication for case study discussion.

Module Content:

The module consists of five set case studies. Scenarios will be provided that involve a range of patient presentations and laboratory findings to illustrate the multidisciplinary nature of patient diagnosis. Scenarios based on problems encountered in the healthcare workplace will comprise the non-pathology practice based scenarios. These will support case based discussion assessments on the Level 6 work-based module Healthcare Science in Practice 6LFS1017 and address professional practice based issues. To demonstrate development of knowledge in their specialism students will be expected to design case studies in groups to discuss during a tutorial. There will be a continued theme of the patient pathway relating to good professional conduct and application of scientific knowledge and skills.

Pre and Co requisites:
none

Total hours: 150

Assessment:

Exam	Coursework	Practical
0%	100%	0%