Department of Allied Health Professions and Midwifery

Upper Quadrant - Neuromusculoskeletal Physiotherapy Dysfunction
Module code 7HSK0076 30 Credits at level 7

This course is equivalent to 300 hours of student effort including 14 attendance days:

<table>
<thead>
<tr>
<th>Module Dates</th>
<th>Module Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 4th – Friday 6th October 2017</td>
<td>Wednesday 17th – Thursday 18th January 2018</td>
</tr>
<tr>
<td>Friday 27th October (with Dr Toby Hall and Linda Exelby)</td>
<td>Tuesday 20th – Wednesday 21st February 2018</td>
</tr>
<tr>
<td>Wednesday 1st – Thursday 2nd November 2017</td>
<td>Friday 23rd March 2018</td>
</tr>
<tr>
<td>Wednesday 29th November – Friday 1st December 2017</td>
<td>OSCE Wednesday 23rd May 2018</td>
</tr>
</tbody>
</table>

The course is designed for physiotherapists who have already completed “Lower quadrant – neuromusculoskeletal physiotherapy” and want to further develop their skills in the management of patients with neuromusculoskeletal dysfunction of the cervicothoracic spine and upper limb. It is an expectation that you will have experience (and an existing caseload) of patients with upper quadrant dysfunction. This is essential as it facilitates consolidation of learning and the assessment process.

Course aims
The aim of this course is to enhance your existing knowledge and skills, to facilitate a critical approach to neuromusculoskeletal physiotherapy theory and practice from an evidence-based perspective and to apply advanced clinical reasoning skills to the assessment and treatment of patients with upper quadrant dysfunction.

Content
On this course you will explore, debate and share your clinical experiences to illustrate issues of patient management in the following areas:
- Anatomy, biomechanics, pathology and pathophysiology affecting the cervico-thoracic spine and upper limb
- The assessment and appropriate management of articular, neural and myofascial dysfunction in upper quadrant neuromusculoskeletal conditions.
- The theoretical basis and practical application of clinical reasoning in upper quadrant neuromusculoskeletal dysfunction, set within a biopsychosocial model of care
- Use of the available evidence to enhance practice

Assessment
The assessment is a combination of a written essay and a practical examination.

Who teaches this course?
The course is led by Andrea Moulson and involves both University and external lecturers. Classes take place at College Lane Campus, Hatfield.

What our students say
“Really interesting and lots to take away and put into practise”
“Excellent calibre of experienced speakers and variety of opinions”

Cost
The fee for self-funding students is £1360.00. Fees may vary depending on your source of funding and when you started your studies. To find out information about the fees visit go.herts.ac.uk/cpffees

The course forms part of a broader CPD framework that can lead to the award of Postgraduate Certificate, Postgraduate Diploma or Master’s degree.

Course Enquiries
Mary Sexton – Programme Lead
01707 284689
m.t.sexton@herts.ac.uk

Booking Enquiries
CPD Health Team
01707 284956
cpdhealth@herts.ac.uk