The Mind and the Skin

Course code: MMED0067  Semester:  
Level: M  Credit: 30

Who should attend this course?
This module will be of interest to a wide range of health professionals involved with psychological support of people with skin conditions and health professionals interested in psycho-dermatology.

Course aims
This course will explore the relationship between skin problems and their impact on mental health and well being and analyse a range of therapeutic approaches currently used to support individuals affected by a broad range of skin diseases. The course will critically analyse the association between biological, psychological and social factors affecting people with a broad range of skin diseases to develop an understanding of the relationship between mental health and well being and a range of skin conditions. It is taught by clinicians with experience of managing patients with psychocutaneous disorders and focuses on managing the delivery of appropriate care in primary and secondary settings.

Course content
Content will include:
- An introduction to neuroscience
- Relationship of skin disease to mental health & wellbeing
- Psychological factors: body image, self esteem
- Social factors: psychological well being and quality of life
- Patient assessment & advanced communication skills
- Therapeutics & management approaches: pharmacological, psychotherapeutic complementary interventions
- Impact of interpersonal skills/engagement on therapeutic interventions
- Research & practice development related to skin disease & mental health
- Service user needs & carer’s role, health promotion and self help
- Multidisciplinary team working & specialist referral criteria.

How does the course map with the NHS KSF?
The course contributes to the development of knowledge and understanding for the KSF Core Dimensions.

Assessment
The programme assessment strategy is designed to facilitate appropriate levels of skill and competence to fulfil the role of a Practitioner with a Special Interest. Modules are assessed using a variety of methods including: case study presentations, clinical logs, written work and clinical examinations (OSCE) and have an emphasis on supervised practice and competency based assessment. To complete the masters degree you will complete the compulsory modules: Evidence Based Practice (15 credits) and the Health Related Project (45 credits).

Where is the course taught and by whom?
College Lane Campus in Hatfield

Computer equipment requirement
Delivery of the course incorporates blended learning which aims to combine e-learning activities with campus based learning. You therefore need to have access to a suitable personal computer and a good reliable Internet connection (broadband recommended). Most modern PCs or Macs (less than 3 years old) should be suitable. If you have any queries or need any additional support with IT skills, the School employs an e-learning technologist who will be pleased to help and advise you.

Cost
Home fees: £850  
Overseas fees: £1700

Contract funding for NHS staff
The University is contracted by the NHS to provide post-registration education/CPD and training for its health professionals. If you are an NHS employee contact the senior manager responsible for post-registration education/CPD in your Trust to check if the course you wish to attend can be supported by the Trust's contract with our University.

When does this course run?
- 16, 17, 18 March 2015
- 7, 8 May 2015

Course Enquiries
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Booking Enquiries
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