Department of Allied Health Professions and Midwifery

Lower Quadrant - Neuromusculoskeletal Physiotherapy Dysfunction
Module code 7HSK0075 30 Credits at level 7

This course is equivalent to 300 hours of student effort including 14 attendance days:

<table>
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<tr>
<th>Date Range</th>
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<tr>
<td>Tuesday 26th September 2017</td>
<td>Tuesday 23rd – Thursday 25th January 2018</td>
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<tr>
<td>Wednesday 11th – Thursday 12th October 2017</td>
<td>Tuesday 27th February - Thursday 1st March 2018</td>
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<td>Tuesday 7th - Wednesday 8th November 2017</td>
<td>Wednesday 21st March 2018</td>
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<td>Wednesday 13th- Thursday 14th December 2017</td>
<td>OSCE – Wednesday 9th May 2018</td>
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This course is designed for physiotherapists who want to further develop their skills in the management of patients with neuromusculoskeletal dysfunction of the lumbar spine, pelvis and lower limb. It is an expectation that course participants will have experience of (and an existing caseload of) patients with lower quadrant dysfunction. This ongoing patient caseload is essential as it facilitates consolidation of learning. In addition course participants are expected to present relevant cases from their own clinical practice to their peers.

Course aims
The aim of this course is to enhance your existing knowledge and skills to facilitate a critical approach to neuromusculoskeletal physiotherapy theory and practice from an evidence-based perspective and to apply advanced clinical reasoning skills to the assessment and treatment of lower quadrant dysfunction.

Content
- The theoretical basis and practical application of clinical reasoning
- Anatomy, biomechanics and pathology of the lumbar spine, pelvis and lower limb
- Pain mechanisms and tissue healing
- Assessment and appropriate management of articular, neural and muscle dysfunction
- Use of the available evidence to enhance practice

You will be expected to work together to explore and share your clinical experiences, to illustrate issues of patient assessment and management.

Assessment
The assessment is a combination of an oral case presentation and a practical examination.

Who teaches this course?
The course is led by Dionne Ryder and involves both University and external lecturers. Classes take place at College Lane Campus, Hatfield.

What our students say
“Excellent practice-theory links”
“Very supportive and inspiring teachers”

Cost
The fee for new self-funding students is £1360.00. Fees may vary depending on your source of funding and whether you are a returning student. To find out information about the fees visit go.herts.ac.uk/cpfees

The course forms part of a broader CPD framework that can lead to the award of Postgraduate Certificate, Postgraduate Diploma or Master’s degree.