The module explores the physical, psychological, spiritual and social experiences associated with living with a life limiting illness and identifies assessment and management techniques available to meet individual needs at the end of their life.

**Content**

- Conceptual & operational definitions: palliative care; end of life care; quality of life.
- Service configuration, availability and issues for NHS, charitable and independent sector service users e.g. equity & accessibility.
- Professional, social and personal values and their impact on end of life care.
- Psychosocial assessment and management of care – Assessment tools / methods, interventions to help meet needs e.g. advanced statements, preferred priorities for care, advanced decision to refuse treatment.
- Symptom assessment and management – assessment tools / methods & drug & non drug treatments / interventions of common symptoms associated with end of life care, for example fatigue, nausea, vomiting, breathlessness, constipation and including symptoms as emergencies*.
- Religious, spiritual and cultural impact on living with or caring for someone living with a life limiting illness.
- Communication strategies to support end of life care practice e.g. facilitating open and honest discussions, difficult conversations including anger, denial etc.
- Family care – impact of life limiting illness on them and strategies for support.
- Bereavement and loss in end of life care contexts.

**Cost**

To find out information about the fees visit go.herts.ac.uk/cpdfees.