This module is designed for nurses and other health professionals involved in supporting service users experiencing acute, chronic or palliative pain as well as their family / carers. It will appeal to those who want to improve care in general settings in hospital & community as well as those who work in more specialist areas of practice such as hospices, nursing homes etc. It is ideal for those who are / hope to become specialists or link nurses in pain management. It will integrate biopsychosocial perspectives to identify best practice in pain assessment and offer insights into selecting appropriate, evidence based interventions that are more likely to be efficacious in their practice area.

Content

The module will normally address:

- Biophysical aspects of pain including anatomy and physiology, pain types and transmission
- Acute, chronic and palliative pain.
- Principles of holistic assessment to include psychological; social & spiritual perspectives; pain assessment tools /methods.
- Pain management strategies including pharmacological and non-pharmacological approaches; procedural interventions; behavioural and psychological interventions.
- Impact of guidelines and policies relating to pain in clinical practice and relevant issues e.g. ethical dilemmas.

Cost

To find out information about the fees visit go.herts.ac.uk/cpdfees.